



Exam Season Begins

As we begin the exam season, it's a moment to recognise the dedication and hard work put in by both our pupils and staff.

For our pupils, these exams represent the culmination of years of effort. We've seen them study hard, attend extra classes, and seek guidance from teachers. Their commitment is commendable, and we're confident they will do their best and achieve excellent results.

Our staff members deserve recognition too. They have gone the extra mile to support our pupils, offering guidance, preparing resources, and providing holiday and Saturday revision sessions to help them succeed.

As we move into this challenging period, we will support our pupils further by continuing to teach and revise with them until their last exam. Together, we will navigate through the exams, and we look forward to celebrating with them when they collect their result in August.

Dr S Peacock



Pupils Shine at Shakespeare School Festival

On Wednesday May 8th, our talented pupils took the stage at the renowned Rose Theatre Kingston for the Shakespeare Schools Festival. With their captivating performance of "The Taming of the Shrew," influenced by commedia dell'arte, they left an indelible mark on the audience.

Their enthusiasm was palpable, radiating from the stage and captivating the entire theatre. Their commitment to the art of storytelling and the mastery of their roles were commendable.

We are immensely proud to share that our pupils were not only applauded by the audience but also commended by the organisers for their professionalism and emergence on stage. It is a testament to their hard work, passion, and the support of our dedicated teachers.

As a school community, we celebrate this achievement and the invaluable experiences gained through participating in such a prestigious event.

Let us continue to support and encourage our budding actors and artists as they continue to explore the world of performing arts and leave their mark on the stage and beyond.

Congratulations to all involved in this memorable performance!



May 2024
Issue 96

Theme of the Week

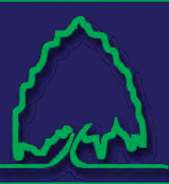
Looking Ahead

Year 10 Parents' Evening
Wednesday 15th May

6th Form Arts evening 'Sessions'
Thursday 16th May

Higher Education Evening
Wednesday 22nd May

Half Term Break
Monday 27th - Friday 31 May



SUPPORTING YOUR TEENAGER WITH EMOTIONAL DIFFICULTIES & SELF HARM



A parent webinar to help understand & support your Young Person

Being a teenager can be difficult to navigate, with lots of change and emotional ups and downs. Parents and carers can have key roles in supporting their teenagers through this by understanding emotional regulation, and how to facilitate healthy responses to difficult or testing situations.

This webinar aims to help parents:

- To understand what is meant by emotion regulation
- To support their teen to self-regulate
- To gain an overview of self-harm, including what we mean by self-harm, the ways in which somebody may self-harm, and reasons behind it.



DATE & TIME

Tuesday 14th May 7 - 8 pm
Thursday 16th May 12.30 - 1:30 pm



To book onto the webinar, sign up for free on Eventbrite using the link or QR Code:

<https://www.eventbrite.com/cc/emotional-difficulties-self-harm-3344049?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=odclsxcollection>



wellbeinginschoolsevents@swlstg.nhs.uk

Willow Menu for w/c 13th May 2024

1 CHOOSE IT
MEAT, FISH, VEGGIE OR VEGAN

2 ADD IT

3 TOP IT

MEAL DEAL £2.65

+ FREE VEG OR SALAD & FRUIT WITH EVERY MEAL DEAL

Glenthorne High School WC 13th of May
What's Cooking at Glenthorne High School

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	ITALIAN	MEXICAN	GREAT BRITISH CLASSICS	ITALIAN	GREAT BRITISH CLASSICS
Meat	Beef Bolognese	Chicken Enchiladas (G,MK)	Lemon & Thyme Roasted Chicken	Beef Bolognese	Oven Baked Battered Fish (G,F)
Vegetarian	Arrabiatta Sauce (SU,g) Ve	Bean Enchiladas (G,MK) V	Vegetarian Sausage (SO) Ve	Napolitana Ve	Vegetable Quarter Pounder (G,se) Ve
Side 1	Penne (G) Ve	Arroz Verde Ve	Roast Potatoes Ve	Penne (G) Ve	Chips Ve
Side 2	Spaghetti (G) Ve	Patatas Bravas Ve	Buttered Parsley New Potatoes Ve	Fusilli (G) Ve	Baguette (G,se,so) Ve
Vegetables	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day
WEEK 1	ASIAN	ITALIAN	INDIAN	ASIAN	AFRO-CARIBBEAN
Meat	Thai Green Chicken Curry	Meatball Marinara (G)	Aloo Beef Keema (g)	Vietnamese Pork Banh Mi (G,SO,SE)	Kefta Mkaouara (G,SO,MK)
Vegetarian	Sweet & Sour Vegetables (G,C) Ve	Mac & Cheese (G,MK) V	Keralan Coconut Curry (MK,g) V	Nasi Goreng	Coconut & Vegetable Curry (MK,g) V
Side 1	Egg Fried Rice (G,E,SO) V	Fusilli (G) Ve	Boiled Rice Ve	Egg Noodles (G,E) V	Sweet Yellow Rice Ve
Side 2	Rice noodles	Patate al forno Ve	Chapati (G) Ve	Boiled Rice Ve	Hot Hot Potatoes Ve
	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day

Enjoy

The menu may be subject to change depending on product availability and exceptional circumstances.

Allergen Key:
CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

pabulummm
HONESTLY GOOD FOOD



What's coming up

Train to Teach



Inspiring
Future
Teachers

Webinar

Thursday 16th May 2024

5-6 pm

Find out about our training
programme, and how to
apply to start in September



To book a free place, email
RFA@glenthorne.sutton.sch.uk