



Education Wellbeing Service

Mental Health Support Team

Referrals for 1:1 Guided Self-Help

Any new referrals your school would like to make should be sent via these forms unless previously agreed with a practitioner.

Both forms must be completed for a referral to be processed.

Please review suitability against the referral criteria documents that have been previously shared with the school before referring a young person to our service.
Book consultation with Vicky if you are unsure of suitability.

1. Digital Referral Form

The referral form should be completed by the young person themselves wherever possible, or it can be done with support but must contain the voice of the young person in describing their problem.

Link: <https://forms.office.com/e/34hMUadrWV>

QR Code:

Secondary Referral Form - Merton
& Sutton Educational Wellbeing
Service



2. School Information Form

This form is where school can put across their point of view and observations on the young person as well as provide us with necessary information to make a clinical judgement on suitability for the service.

We must have the school information form to proceed the referral.

This can be completed by head of year or another member of staff who knows the young person and family context well.

Link: <https://forms.office.com/e/K08FTabXrB>

QR Code:

Secondary School Information
Form - Merton & Sutton Education
Wellbeing Service

