

British Library - Dungeons and Dragons

We are thrilled to inform you that our student Dungeons and Dragons event at the British Library is now live and open for bookings.

This event has been designed entirely by our 6th Form students. It will be delivered and will be delivered by them to the public on Monday 12th February from 4:00-7:00pm, at the British Library, in and amongst their fantastic "Realms of Imagination" exhibit and also features artwork created by the students.

This is a free event and is aimed at neurodiverse youth ages 11+; however, if you would like to visit the British Library that day to observe the event and support the students, please be informed that space is very limited.

More details and booking of tickets (which the students have also produced) can be found on the link below:



<https://thebritishlibraryaccess.seetickets.com/event/relaxed-event-fairytales-and-folly/british-library/2915286>

Bar Mock Trial - Winning Team!



Huge congratulations to the Year 10, 11 and 12 Bar Mock Trial team for winning the Regional Finals at the University of Hertfordshire's Law Campus. The team competed in three very intense rounds where they performed exceptionally well, beating teams from a number of independent and grammar schools. They now have a place in the National Finals at the Royal Courts of Justice in March, well done to all pupils involved and thank you to Mr Maxwell and Ms Saillard for all their hard work to prepare the team so effectively.

Year 7 Gamelan Workshop - Cohort X

On Thursday this week, Year 7 pupils in Cohort X took part in their world music workshop. Led by a dynamic practitioner from Inspire Works, the pupils spent an hour learning about Indonesian Gamelan music and had the opportunity to circulate, playing the different metallophones and gongs. They were taught the names of each part of the instrument and cultural information about how the Gamelan is played in Java. Pupils thoroughly enjoyed playing as a whole class ensemble and various students, with many reporting that it was the most fun lesson they had taken part in all year (so far!).



Jan 2024
Issue 84

Theme of the Week
You make your own luck

Looking Ahead

WSP - High School Musical
Tuesday 23rd January
Wednesday 24th January
Thursday 25th January

Inset Day
Friday 9th February



Happier January 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Find three things to look forward to this year	2 Make time today to do something kind for yourself	3 Do a kind act for someone else to help brighten their day	4 Write a list of things you feel grateful for and why	5 Look for the good in others and notice their strengths	6 Take five minutes to sit still and just breathe
7 Learn something new and share it with others	8 Say positive things to the people you meet today	9 Get moving. Do something active (ideally outdoors)	10 Thank someone you're grateful to and tell them why	11 Switch off all your tech at least an hour before bedtime	12 Connect with someone near you - share a smile or chat	13 Take a different route today and see what you notice
14 Eat healthy food which really nourishes you today	15 Get outside and notice five things that are beautiful	16 Contribute positively to your local community	17 Be gentle with yourself when you make mistakes	18 Get back in contact with an old friend	19 Focus on what's good, even if today feels tough	20 Go to bed in good time and allow yourself to recharge
21 Try out something new to get out of your comfort zone	22 Plan something fun and invite others to join you	23 Put away digital devices and focus on being in the moment	24 Take a small step towards an important goal	25 Decide to lift people up rather than put them down	26 Choose one of your strengths and find a way to use it today	27 Challenge your negative thoughts and look for the upside
	28 Ask other people about things they've enjoyed recently	29 Say hello to a neighbour and get to know them better	30 See how many people you can smile at today	31 Write down your hopes or plans for the future		 

ACTION FOR HAPPINESS

Happier · Kinder · Together

Sporting Fixtures

Year Group	Sport	Opponent	Result
Yr7	Netball	Harris Sutton	Won 16 - 0
Yr8	Netball	Harris Sutton	Won 13 - 0
Yr8 Boys	Football	Chertsey	Lost 3 - 0
Yr8 Boys	Basketball	Rutlish	Lost 33 - 23
Yr9	Netball	Oaks Park	Won 16 - 2
Yr10	Netball	Oaks Park	Won 10 - 1



Willow Menu for w/c 22nd January

Jan 2024
Issue 84

Glenthorne High School WC 22nd of January
What's Cooking at Glenthorne High School

1 CHOOSE IT (MEAT, FISH, VEGGIE OR VEGAN) + 2 ADD IT (£2.50) + 3 TOP IT = MEAL DEAL £2.65 + FREE VEG OR SALAD & FRUIT WITH EVERY MEAL DEAL

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	ITALIAN	ASIAN	GREAT BRITISH CLASSICS	ITALIAN	GREAT BRITISH CLASSICS
Meat	Meatball Marinara (G)	Thai Green Chicken Curry	Beef Burger in a Bun (G,SO,SU,se)	Pollo Al Pesto (MK)	Oven Baked Battered Fish (G,F)
Vegetarian	Arrabiatta Sauce (SU,g) Ve	Thai Green Vegetable Curry	Vegetable Quarter Pounder (G,se) Ve	Vegetarian Lasagne (G,SO,MK,e) V	Vegetable Quarter Pounder (G,se) Ve
Add it 1	Penne (G) Ve	Egg Noodles (G,E) V	Potato Wedges Ve	Penne (G) Ve	Chips Ve
Add it 2	Spaghetti (G) Ve	Boiled Rice Ve	Buttered Parsley New Potatoes Ve	Patate al forno Ve	Baguette (G,se,so) Ve
Sides 1	Bruschetta Salsa Ve	Sliced Chilli, Sliced Spring Onions & Soy	Tomato Ketchup Ve	Pesto (MK) V	Baked Beans Ve
Sides 2	Rosemary Focaccia (G,SO,MK,e) V	Sweet Chilli Sauce Ve	Brown Sauce Ve	Garlic Bread (G,so,mk) V	Tomato Ketchup Ve
Vegetables	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day
WEEK 2	INDIAN	ITALIAN	AFRO-CARIBBEAN	ASIAN	MEXICAN
Meat	Chicken Tikka Masala (MK,MU,SO)	Beef Bolognese	Kefta Mkaouara (G,SO,MK)	Teriyaki Chicken (G,SO)	Chilli Con Carne (g)
Vegetarian	Vegetable Pasanda (MU) Vc	Mac & Cheese (G,MK) V	Coconut & Vegetable Curry (MK,g) V	Teriyaki Tofu Vegetables (G,SO,C) V	Vegan Chilli Sin Carne (g) Ve
Add it 1	Boiled Rice Ve	Fusilli (G) Ve	Sweet Yellow Rice Ve	Boiled Rice Ve	Arroz Verde Ve
Add it 2	Bombay Potatoes (g) Ve	Patate al forno Ve	Hot Hot Potatoes Ve	Rice Noodles Ve	Chargrilled Tortilla Wrap (G) Ve
Sides 1	Mango Chutney Ve	Garlic Bread (G,so,mk) V	Spicy Slaw (E) V	Sweet Chilli Sauce Ve	Sour Cream & Chives (MK,E,MU) V
Sides 2	Garlic & Coriander Naan Bread (G)	Grated Cheese (MK) V	Brown Sauce Ve	Hoisin Sauce (G,SO,SE) Ve	Tortilla Nacho Chips (G) Ve
	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day

Enjoy

This menu may be subject to change depending on product availability and exceptional circumstances.

pabulummm
HONESTLY GOOD FOOD

Allergen Key:
CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lignin (L), Milk (M), Nuts (N), Mustard (MU), Molluscs (MO), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

Future Events

Whole School Production

The Performing Arts Departments and cast of this year's whole school production, warmly invite you to attend their performance of High School Musical!

The performances take place on Tuesday 23rd, Wednesday 24th & Thursday 25th January 2024 at 7pm in the school hall.

www.ticketsource.co.uk/glenthornehighschool

Thank you in advance for your continued support of the Arts here at Glenthorne.

