

Welcome back

Dear Parents and Carers

Happy New Year! I hope you all had a restful and enjoyable holiday season and are ready to embrace the new term with enthusiasm and focus. It is with great pleasure that we welcome our pupils back to school and look forward to another term filled with opportunities for growth and achievement.

As we settle into the colder months, it is important that pupils come to school prepared for the season. The winter term is always a busy and exciting time, and we have much to look forward to over the coming weeks.

Year 13 and Year 11 Exam Preparation

For our Year 13 pupils, mock exams will take place this term and are an essential part of their preparation for the summer exams. These assessments provide valuable insights into their progress and help to refine revision strategies.

For Year 11 pupils, we are excited to host the Mock GCSE Ceremony on Friday, 17th January, celebrating their efforts so far and helping to build confidence as they prepare for further PPE (pre-public exams). These components form part of a tried and tested programme of support, ensuring our pupils are fully equipped and ready for their summer exam season.

Enrichment and Extra-Curricular Opportunities

We are also thrilled to announce some fantastic events and trips taking place this half term:

Our Whole-school production of 'The Adam's Family' promises to be a spectacular showcase of talent, creativity, and hard work.

Subject-specific trips, including the Biology Field Trip, offer enriching experiences outside the classroom.

February half term will feature exciting adventures, including the Washington trip and the ever-popular ski trip.

These opportunities reflect our commitment to providing a broad and balanced education that nurtures the whole child, both academically and personally.

Mobile Phone Policy and Attendance

As always, we remain committed to maintaining a focused and respectful learning environment. Please remember that mobile phones should not be seen, heard, or used whilst on the school site. Failure to adhere to this policy will result in the phone being confiscated until the end of this half term. In addition, we ask for your continued support in ensuring excellent attendance and punctuality, which are vital for your child to fully benefit from all that school has to offer.

Thank you for your ongoing partnership in supporting our pupils' success. If you have any questions or concerns, please do not hesitate to get in touch.

Wishing you all a happy, healthy, and prosperous year ahead.

Warm regards

Dr S Peacock
Headteacher

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Theme of the Week

"Life is too short", Helen Rollason

Looking Ahead

Whole School Production

The Adams Family

Tuesday 21st January 19:00

Wednesday 22nd January 19:00

Thursday 23rd January 19:00

Year 11 Parents' Evening

Wednesday 29th January

Inset Day

Friday 14th February



Wellbeing

Glenlough High School

Good mental health and wellbeing is essential for all school pupils. It helps to learn effectively, cope with the day-to-day challenges and develop into resilient young adults



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Welcome to the start of a new term from the Pastoral Team at Glenlough High School

Pastoral Update

Happy New Year from the pastoral team. We hope you had a restful break and are ready to face the challenges of a new term. We are here to guide and support the pupils and yourselves to be able to flourish in 2025!

Safeguarding

At Glenlough High School the safety and wellbeing of our pupils is our highest priority. Together with providing exceptional pastoral care, we are proactive in ensuring all pupils have the knowledge and information to keep themselves safe at school and online. They know how to communicate any concerns they have personally or about others.

All staff and pupils are aware of which members of staff make up the Safeguarding Team and know the procedures in place to raise any concerns. If you have any worries or questions about safeguarding, please contact a member of the team.

Our Safeguarding Team



Mrs Michelle Alletson
Senior Safeguarding Lead



Dr Sarah Peacock
Safeguarding Lead (Staff)

Mrs Cecilia Beylefeld
Governor



Mrs Sarah Miller
Safeguarding Lead (KS3)



Mr Duncan Gillies
Safeguarding Lead (KS4)



Mr Chris Murphy
Safeguarding Lead (KS5)

Heads of Year & Assistant Heads of Year

Head of Year	Assistant Head of Year
Year 7 Mr S Cripps	Ms R Thomas Miss P Moussa
Year 8 Mrs M Flynn	Miss A Khamkar Mrs A Barrett
Year 9 Mrs A Jobson	Ms C Oliver Miss C Blenkin
Year 10 Mr S Dempster	Miss A Graham Mr S Corbey
Year 11 Miss A Miller	Mr R Hemmingway
Year 12 Mr S Banfield	Mr D Powell
Year 13 Mrs L Hunter	Mr D Powell

Contact Email

reception@glenlough.sutton.sch.uk

The Willow Menu for week commencing 13th January

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WEEK 2

Cucina

WEEK COMMENCING
08/04/2024 29/04/2024 20/05/2024 10/06/2024 01/07/2024
22/07/2024

V - Vegetarian
VE - Vegan

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Traditional Sausage & Mash, Peas, Carrots & Onion Gravy

TUESDAY

Loaded Mac 'n' Cheese, Selection of Toppings, House Salad & Garlic Bread

WEDNESDAY

Hand Carved Roast Turkey, Roasties, Seasonal Veg & House Gravy

THURSDAY

Baked Beef Enchilada with Mexican Rice & Salsa

FRIDAY

Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Vegan Sausage & Mash, Peas, Carrots & Onion Gravy (VE)

TUESDAY

Loaded Mac 'n' Cheese, Selection of Toppings, House Salad & Garlic Bread (V)

WEDNESDAY

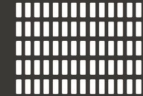
Mature Cheddar, Broccoli & Leek Quiche with Seasonal Veg or Garden Salad (V)

THURSDAY

Mixed Bean Enchilada with Mexican Rice & Salsa (V)

FRIDAY

Sweetcorn, Chilli & Coriander Fritters with Sriracha Dressing, Chips & Peas (V)



MONDAY

Caramelised Onion & Mozzarella Poutine (V)

TUESDAY

Gochujang Chicken and Sesame Rice Pot

WEDNESDAY

Mei Goreng Indonesian Fried Noodles

THURSDAY

Korean Fried Crispy Chicken

FRIDAY

Manager's Special

NATURALLY

MONDAY

Reggae Reggae Jackfruit Curry (VE)

TUESDAY

Spiced Paneer & Red Onion Naan (V)

WEDNESDAY

Vegan Ramen Bowl (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Manager's Special

DESSERTS

MONDAY

Apple Pie & Custard

TUESDAY

Peach & Pineapple Crumble

WEDNESDAY

Sticky Coconut & Jam Pudding

THURSDAY

Baked Churros with Chocolate Sauce

FRIDAY

Manager's Special

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

TRATTORIA

MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato Pizza Or Pepperoni Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Mozzarella & Tomato Pizza Or BBQ Chicken Pizza

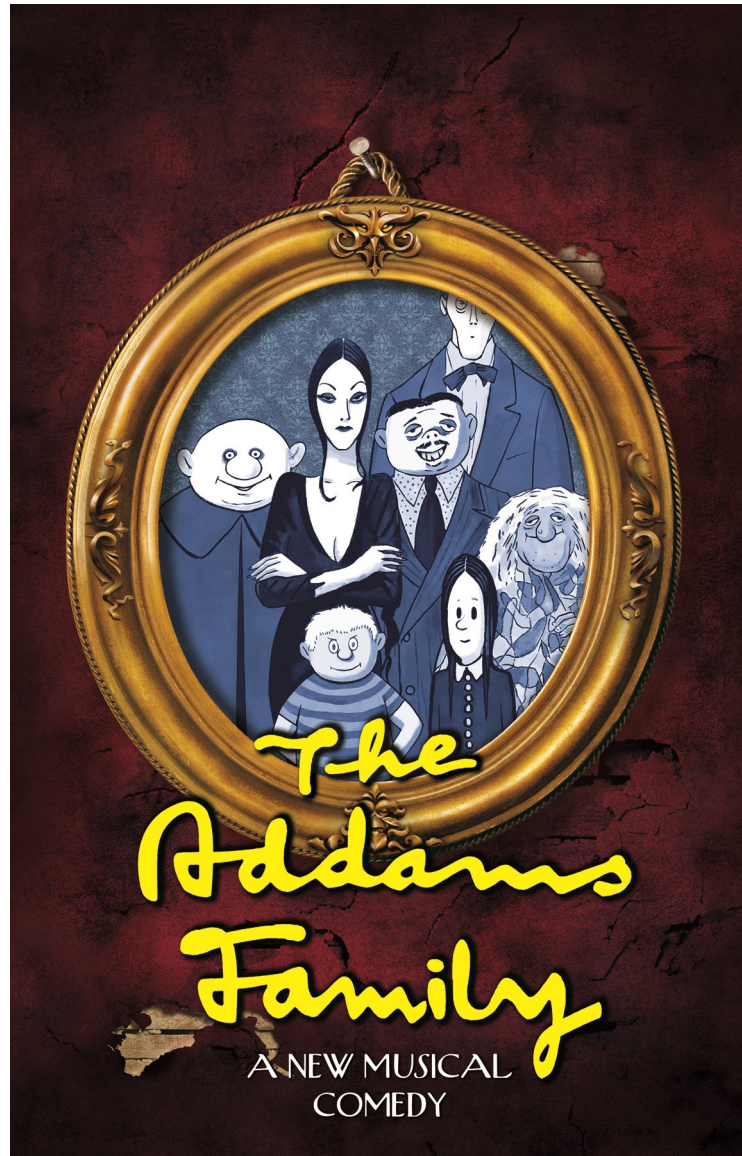
Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.





Upcoming events

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“THE ADDAMS FAMILY” is
presented through special
arrangement with and all authorised
performance materials are supplied
by
Theatrical Rights Worldwide (TRW),
www.theatricalrights.co.uk