



Parent/carer Coffee Information Sessions

For Sutton Families

January-December 2025



Would you like to meet with other parents/carers in a cosy, non-judgemental and welcoming environment?

Would you like to find out about services that are available in the London Borough of Sutton that may benefit you and your family?

Would you like to give your opinion about what you feel is needed in your local area?

Maybe you just want some advice on a matter and you don't know where to turn.

Do you require any parenting advice?

If your answer is 'yes' to any of the questions above, we are facilitating parent/carer coffee/information sessions in your local area.

The very least you will get from attending our coffee/information sessions, is a genuine and sincere warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

We can organise guest speakers who can offer you advice on a range of issues and we can signpost you to relevant services if required subject to your needs.

Parenting can be so rewarding. However, at times it can also bring its challenges and worries and this can make you feel isolated.

You don't need to make an appointment. Just turn up.

If you would like to find out more about the sessions, please contact **Clare Kennedy** Parenting Administrator via her email: clare.kennedy@sutton.gov.uk



Carshalton Family Hub and Children's Centre (Previously known as Tweeddale Children's Centre)

Session times: 9.30am - 11.30am

Friday 10th January

Friday 24th January

Friday 7th February

Friday 28th February

Friday 14th March

Friday 28th March

Friday 25th April

Friday 9th May

Friday 23rd May

Friday 13th June

Friday 27th June

Friday 11th July

Friday 12th September

Friday 26th September

Friday 10th October

Friday 24th October

Friday 14th November

Friday 28th November

Friday 12th December



Sutton Library Family Hub. Session times: 9.30am -11.30am

Friday 17th January

Friday 31st January

Friday 14th February

Friday 7th March

Friday 21st March

Friday 4th April

Friday 2nd May

Friday 16th May

Friday 6th June

Friday 20th June

Friday 4th July

Friday 18th July

Friday 5th September

Friday 19th September

Friday 3rd October

Friday 17th October

Friday 7th November

Friday 21st November

Friday 5th December

Friday 19th December



Parent Coffee/Information Sessions

Shanklin Community Centre. Session times, 1pm - 2.15pm

Monday 13th January

Monday 27th January

Monday 10th February

Monday 24th February

Monday 10th March

Monday 24th March

Monday 28th April

Monday 12th May

Monday 9th June

Monday 23rd June

Monday 7th July

Monday 21st July

Monday 8th September

Monday 22nd September

Monday 6th October

Monday 20th October

Monday 3rd November

Monday 17th November

Monday 1st December

Monday 15th December



Stanley Park Children's Centre. Session times 9.30am - 11am

Wednesday 8th January

Wednesday 22nd January

Wednesday 5th February

Wednesday 26th February

Wednesday 12th March

Wednesday 26th March

Wednesday 2nd April

Wednesday 23rd April

Wednesday 7th May

Wednesday 21st May

Wednesday 4th June

Wednesday 18th June

Wednesday 2nd July

Wednesday 16th July

Wednesday 10th September

Wednesday 24th September

Wednesday 8th October

Wednesday 22nd October

Wednesday 5th November

Wednesday 19th November

Wednesday 3rd December

Wednesday 17th December



Parent Coffee/Information Sessions

Evening Group 6pm-8pm

Venue: The Quad. Green Wrythe Lane, Carshalton SM5 1JW

Monday 27th January

Monday 24th February

Monday 24th March

Monday 12th May

Monday 9th June

Monday 7th July

Monday 22nd September

Monday 20th October

Monday 17th November

Monday 1st December

Chill, Chat and Connect Men's Group



Aimed at fathers, stepfathers, foster dads, grandfathers and other significant male carers.

Fathers/male carers matter and they have a huge and significant impact on the lives of their children.

The monthly sessions are a chance for men to meet together to chill, chat and connect. It's a chance to share experiences and the challenges/positives of family life.

This is a safe, supportive, relaxed and non-judgemental space.

This group is led by male parent volunteers who are fathers themselves, with support of the parenting coordinator, Theresa Cameron.

Support and advice is available as required.

Light refreshments available.

Where:

The Quad, Green Wrythe Lane, Carshalton SM5 1JW

Group dates and times: 6pm - 8pm

Monday 13th January

Monday 3rd February

Monday 10th March

Monday 28th April

Monday 19th May

Monday 23rd June

Monday 21st July

Monday 8th September

Monday 6th October

Monday 3rd November

Monday 8th December

Useful Information

Addresses of Venues:

Sutton Library Family Hub, Sutton Central Library, St Nicholas Way, Sutton SM1 1EA

Carshalton Family Hub and Children's Centre, Tweeddale Road, Carshalton SM5 1SQ

Stanley Park Children's Centre. Stanley Park Road Carshalton SM5 3JL

Shanklin Community Centre. 25 Rookley Close, Sutton SM2 6TT

Family Hub Connectors Contact Details:

Maya Nielsen Family Hub Connector for Central Sutton. Mob: 07821 637 721

Sharon Hackett Family Hub Connector for Carshalton. Mob: 07783 656 916

Natasha Barratt-Walters Family Hub Connector for Wallington. Mob: 07720 167 409

Sonia Gooden Family Hub Connector for Cheam and South Sutton. Mob: 07729 080069

Parenting Service Contact Details:

Theresa Cameron Parenting Coordinator: Mob 07736 33 8924

Clare Kennedy Parenting Administrator: Working hours: Monday-Tuesday 9-5pm, Wednesday 9am.1pm.

Telephone:020 8770 5801. Mobile: 07873 702 777

Keeley Carter. Parenting Support Worker: Mob: 07761875887