



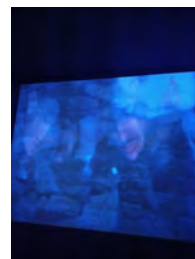
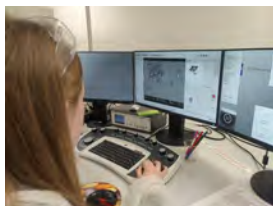
Visit to Babraham Institute, Cambridge

Our pupils recently visited the Babraham Institute in Cambridge, where they explored the world of scientific research first-hand. During the visit, they prepared samples and examined them using the institute's state-of-the-art scanning electron microscope.

This powerful microscope, which utilizes argon plasma and platinum to visualize samples at an extraordinary level of detail, gave students a unique insight into advanced imaging techniques. Seeing their own prepared samples magnified to such a degree was a truly exciting experience!

Beyond the technical aspects, the visit also offered a glimpse into the daily work of scientists in a research laboratory. Pupils were inspired by the cutting-edge equipment and the possibility of future careers in science.

A big thank you to the Babraham Institute for hosting us—it was a fascinating and unforgettable experience!



Year 12 Explore Musculoskeletal Medicine at LSBU's Simulation Lab

A group of Year 12 Biology students recently had the unique opportunity to visit the Musculoskeletal Simulation Lab at London South Bank University (LSBU). This insightful visit provided the students with an in-depth look at the exciting career possibilities within musculoskeletal medicine, nursing, and chiropractic care, offering them a glimpse into future pathways in healthcare.

The visit began with an informative tour of LSBU's state-of-the-art simulation labs, which are equipped with advanced technologies that replicate real-life medical scenarios. The students were introduced to the various clinical setups used for training aspiring healthcare professionals, including the chiropractic lab. Here, they were able to observe the practical side of musculoskeletal health, seeing first-hand how treatments are delivered in a simulated environment.

The highlight of the visit was the interaction with experienced lecturers and technicians. Students had the chance to hear about the latest trends and developments in the healthcare sector, as well as the educational journeys of those working in musculoskeletal medicine. These professionals shared valuable insights into the skills required to pursue careers in medicine, nursing, and chiropractic fields, making it an excellent opportunity for students to ask questions about their future careers.

The simulation labs at LSBU are designed to provide a safe, controlled space for students to practice their clinical skills without the pressures of real-life medical settings. The cutting-edge technology used in the labs, including manikins and interactive digital tools, allows students to engage in hands-on learning and experience the practical challenges that healthcare professionals face daily.

For many students, the visit to LSBU's simulation lab was a revelation. It not only broadened their understanding of the diverse career opportunities in health and care but also helped them appreciate the importance of simulation in training the next generation of healthcare professionals. As they embark on their academic journeys, the experience is sure to inspire many of them to explore further education and careers in the medical field.

March 2025
Issue 126

A Week

"Great minds DON'T think alike",
Lynda Mulally Hunt

Looking Ahead

Year 8 Destinations Day
Tuesday 18th March

Year 8 Choices Evening
Wednesday 19th March

8G, 8L, & 8N	Presentation at 17:00
8T & 8O	Presentation at 17:30
8H, 8R & 8S	Presentation at 18:00
8C & 8E	Presentation at 18:30

Year 9 DTP vaccination catch-up session
Tuesday 25th March



Y12 Special Assembly: A Focus on Apprenticeships and T Levels

Year 12 students recently participated in a special assembly led by the Ask Apprenticeship Programme, aimed at increasing awareness and providing valuable insights into apprenticeships and T Levels as post-school options. This initiative provided our students with an excellent opportunity to learn about alternative routes into employment and further education, empowering them to make informed decisions about their future.

The assembly was packed with key information that will help our students take their first steps toward finding and applying for apprenticeships. One of the main topics covered was how to register on the Find an Apprenticeship website. This online resource is a one-stop shop for students interested in finding apprenticeship opportunities across various sectors. The Ask Apprenticeship Programme guided the students through the registration process, ensuring that they were equipped to search for apprenticeships that align with their interests and career aspirations.

Next Steps for Parents

- We encourage you to talk to your child about the benefits of apprenticeships and T Levels. The skills gained through these pathways can provide a solid foundation for their future career, and the earlier they start preparing, the better. To support your child, you can:
- Encourage them to explore the Find an Apprenticeship website and browse the opportunities available.
- Help them identify which sectors or industries they are passionate about and guide them to look for relevant apprenticeships.
- Remind them of the importance of developing soft skills, such as communication and teamwork, which are essential for succeeding in interviews and assessment centres.

KS5 Dancers Shine at ‘MOVE IT’ – The UK’s Biggest Dance Convention



Our KS5 dancers recently had an opportunity to attend ‘MOVE IT’, the UK’s largest dance convention, held at the Excel Centre in London. The event brought together dancers, choreographers, and industry professionals from across the country, offering an inspiring and immersive experience for all who attended.

Students had the chance to watch breath-taking performances, take part in a variety of workshops, and push their skills further by participating in the advanced musical theatre audition. Two of our talented Year 12 students performed with such confidence and flare that they were selected to perform in the advanced audition choreography a second time.

The experience was not only a fantastic learning opportunity but also a great insight into the professional dance industry. Well done to all our students who took part.

Sporting Results

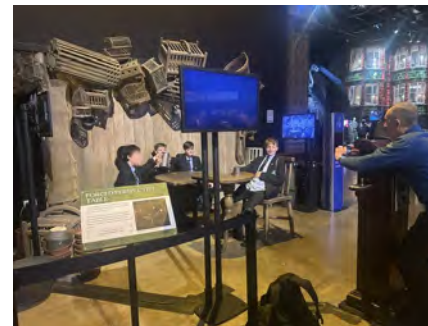
Year Group	Sport	Opponent	Result
Year 7	Netball	Oaks	Won 7 - 1
Year 8	Netball	Oaks	Won 9 - 5
Year 8 Boys	Football	Overton	Won 3 - 1



Warner Bros. Studios

Our Year 9 Film Study Group recently had an unforgettable trip to the Warner Bros. Studio Tour, where they explored the magic behind the Harry Potter films. From intricate props and detailed costumes to full-scale sets, the experience brought the world of Hogwarts to life in an incredible way.

Students had the chance to see famous props up close, including wands, broomsticks, and the Sorting Hat, as well as walk through iconic locations like the Great Hall, Diagon Alley, and Platform 9¾. The tour provided an exciting opportunity to learn about special effects, set design, and storytelling techniques that made the Harry Potter films so magical.



Train to Teach



Webinar



Thursday 27th March 2025
5-6 pm

Find out about our training programme, and how to apply for September 2025



To book a free place email RFA@glenthorne.sutton.sch.uk or use the QR code



Education Wellbeing Service Webinar

Supporting your teen with Exam Stress in the run up to big exams

Upcoming GCSE & A level exams (as well as BTECs etc) can be a stressful time for your teenager.

This workshop talks through some of the common challenges many young people face when their stress around revising or sitting an exam becomes too much. It will also cover how, as a parent or carer, you can best support your child to manage these feelings and do their best.

Education Wellbeing Service
NHS South West London and St George's Mental Health NHS Trust



DATE / TIME

Monday 17th March

12:30-1:30pm OR 7-8pm

LOCATION

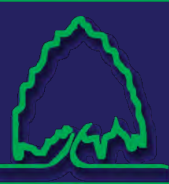
Online - Hosted on Teams

Sign up to this event for free on Eventbrite (and check out our others!) by scanning the QR Code or following the link below:

[CLICK HERE to book](#)



wellbeinginschoolsevents@swlstg.nhs.uk



GLENTHORNE HIGH SCHOOL

SPRING CONCERT

THURSDAY 3RD APRIL 2025
AT 6:00 PM

TICKETS:
£6/£4

DOORS OPEN AT 5:45 PM

TICKETS ARE AVAILABLE AT:
WWW.TICKETSOURCE.CO.UK/GLENTHORNEHIGHSCHOOL



Arguing Better

A course to help parents communicate better with each other

Disagreements are a normal part of life, and most couples argue from time to time. The way you approach these conversations can make a big difference to you, your partner, and your children.

Would you like to learn healthy ways to deal with stress and conflict?
If yes please come and join us at:

Carshalton Family Hub & Children's Centre
Tweeddale Road, SM5 1SQ
Tuesday 29th April 2025
Start at 9.30am
Finish 12.30pm

Parents only
Must have a child under 19 years or 25 years with SEN living at home and be a resident of Sutton.

To book your space please?



The Willow Menu for week commencing 17th March

March 2025
Issue 126

WEEK 2

Cucina

WEEK COMMENCING V - Vegetarian
VE - Vegan

13/01/2025 05/02/2025 24/02/2025 17/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY

Loaded Mac n Cheese with a Selection of Toppings, House Salad & Garlic Bread

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Kung Pao Chicken, Served with Egg Fried Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake (V)

WEDNESDAY

Roasted Squash & Feta Pie, Served with Seasonal Vegetables or Salad (V)

THURSDAY

Goan Potato & Spinach Curry, Served with Rice, Kachumber Salad & Mango Chutney (VE)

FRIDAY

Vegan Onion Bhaji Burger, Served with Slaw, Chips & Peas (VE)



MONDAY

Teriyaki Chicken Wings with Chahan Rice

TUESDAY

Korean Fried Crispy Chicken

WEDNESDAY

Chipotle Chicken Chimichanga

THURSDAY

Mei Goreng Indonesian Fried Noodles

FRIDAY

NATURALLY

MONDAY

Reggae Reggae Jackfruit Curry (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Jerk Jackfruit Open Wrap (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

DESSERTS

MONDAY

Apple Pie & Custard

TUESDAY

Peach & Pineapple Crumble

WEDNESDAY

Sticky Lemon Sponge & Custard

THURSDAY

Baked Churros with Chocolate Sauce

FRIDAY

Fruit, Jelly & yoghurt Pots

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Margherita Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

