



Year 8 Careers Destinations Day: Exploring Future Paths



Year 8 pupils were given an exciting opportunity to explore a variety of career options during the school's recent Careers Destinations Day. The event designed to help pupils start thinking about their futures, was filled with informative sessions and hands-on workshops led by employers from the local area. The day began with an engaging assembly that introduced pupils to the wide range of post-16 options available. Pupils were informed about further education routes, such as college and apprenticeships, as well as vocational training. This provided a broad understanding of the paths they can pursue after leaving school.



Throughout the day, pupils participated in workshops across a variety of industries. These workshops, led by local professionals and employers, offered a taste of different careers; construction, law, STEM (Science, Technology, Engineering, and Mathematics), engineering, creative media, and architecture. The hands-on nature of these sessions allowed pupils to engage with real-world applications of the subjects they study, inspiring them to think about the career possibilities in each field.



In addition to exploring specific industries, pupils had the opportunity to develop key employability skills. Mock interviews were held during the day, allowing pupils to practice their interview techniques and improve their communication skills in a supportive environment.

The Careers Destinations Day was an invaluable experience for Year 8 pupils, giving them a head start in considering their career aspirations and the skills needed to succeed. By interacting with local employers and learning about different industries, pupils were able to gain insights into the world of work and support them in deciding which subjects to choose in the options process.

The Model UN team shines at the London Youth MUN conference!



Glenthorne's Model United Nations club attended the MUN conference hosted by the London Youth Diplomacy Foundation at the London School of Economics last weekend.

All 10 students showed impressive dedication and dazzling research skills while preparing for the conference. Congratulations to Megh for taking home the award for Best Research in the UN Women committee.

Our brave team tackled a wide range of topics: from improving access to healthcare for women on the Indian subcontinent, the Nagorno-Karabakh conflict or preventing military seizures of power in developing countries, to parliamentary reform in the House of Commons and even the future space race to colonise Mars.

This three-day conference left our team with an unforgettable experience and a true feeling of accomplishment after displaying debate skills worthy of true diplomats. In particular, compliments to Gabriella who won an Honourable Mention award for her part in the NATO committee.

A huge congratulations to the whole team for this successful Model UN conference!

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B Week

"I want a real change in society...for the bringing -about of a happy life for all", William Morris

Looking Ahead

Year 9 DTP vaccination catch-up session
Tuesday 25th March

Year 13 Achievement Support Evening
Monday 31st March

Year 12 Parents' Evening
Wednesday 2nd April

End of Term for pupils
Friday 4th April 12:00 –12:30

Start of term for pupils
Tuesday 22nd April

Year 12 Physics Pupils Engage in Interactive Workshop Led by the National Space Academy

Year 12 physics students had the opportunity of a lifetime to deepen their understanding of space science through an interactive and hands-on workshop led by the National Space Academy. This unique experience brought the wonders of space closer to home, offering pupils a chance to engage with real-world physics concepts and cutting-edge space exploration techniques. The National Space Academy, renowned for its expertise in space education, facilitated the session allowing students to explore various aspects of space physics, including satellite technology, gravity, and space travel. The workshop was designed to make complex scientific principles more accessible and exciting. Students participated in experiments that mimicked the conditions of space and engaged in simulations that tested the limits of physics in space environments.

One of the highlights of the session was the hands-on activity involving satellite tracking and understanding orbits. In this activity students were able to visualize how satellites interact with Earth's gravitational pull. "The session provided us with a fantastic opportunity to see how physics plays a key role in space exploration," said one Year 12 student. "We were able to apply the theory we've been learning in class to real-life situations, which made everything feel much more relevant and exciting."

The National Space Academy facilitators also shared insights from the forefront of space research, giving the students a glimpse into the future of space missions and technology. Discussions on upcoming space exploration projects, the potential for life on other planets, and the science behind space travel left students inspired and eager to explore further.



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Sporting Results

Year Group	Sport	Opponent	Result
Year 7	Football	Oaks Park	Lost 3 - 0
Year 9	Football	Oaks Park	Lost 5 - 0
Year 9	Netball Tournament		2nd Place
Year 10	Netball Tournament		2nd Place
Academy	Football	Teknika	Lost 4 - 3

Year 12 visits Church College, Cambridge



On Tuesday March 18th fifteen of our year twelve students attended a day at Churchill College, Cambridge University. The visit included a tour, seminar and lunch in the dining hall. Our students were given advice on how to apply to Cambridge, as well as insight into life at the school. Afterwards they took a brief walk down to the river to see some of the sites of Cambridge.



National Reading Champions Quiz

On Tuesday 18th March, Glenthorne participated and hosted the regional heat of the National Reading Champions Quiz.

Our eight brave quizzers answered 75 questions of a wide range of books: from picture books and folk tales to dystopia and classics... They had lots of fun tackling tricky brainteasers like anagrams or crossword clues. Their mascot brought them luck, as they achieved 6th place out of the 24 teams taking part.

Congratulations to them all for excellent results, and a big thank you to the team of pupil markers who worked hard behind the scenes and made it all possible.



Netball success



Congratulations to Glenthorne's netball teams in Year 9 and Year 10, who are the league winners for 2024/25.

A huge congratulations to you all!

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Train to Teach

Webinar

Inspiring Future Teachers
Sutton SCITT



Thursday 27th March 2025
5-6 pm

Find out about our training programme, and how to apply for September 2025

To book a free place email RFA@glenthorne.sutton.sch.uk or use the QR code



Education Wellbeing Service Webinar

Supporting your teen with Exam Stress in the run up to big exams

Upcoming GCSE & A level exams (as well as BTECs etc) can be a stressful time for your teenager.

This workshop talks through some of the common challenges many young people face when their stress around revising or sitting an exam becomes too much. It will also cover how, as a parent or carer, you can best support your child to manage these feelings and do their best.



DATE / TIME

Monday 17th March

12:30-1:30pm OR 7-8pm

LOCATION

Online - Hosted on Teams

Sign up to this event for free on Eventbrite (and check out our others!) by scanning the QR Code or following the link below:

[CLICK HERE to book](#)



wellbeinginschoolevents@swlstg.nhs.uk



GLENTHORNE HIGH SCHOOL

SPRING CONCERT

**THURSDAY 3RD APRIL 2025
AT 6:00 PM**

**TICKETS:
£6/£4**

DOORS OPEN AT 5:45 PM

**TICKETS ARE
AVAILABLE AT:**

**WWW.TICKETSOURCE.CO.UK/
GLENTHORNEHIGHSCHOOL**

The Willow Menu for week commencing 24th March

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WEEK 3
Cucina

WEEK COMMENCING V – Vegetarian
VE - Vegan

20/01/2025 10/02/2025 03/03/2025 24/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS		VEGETARIAN MAIN MEALS	
<p>MONDAY Beef Bolognese with Wholegrain Pasta & House Salad</p> <p>TUESDAY Creamy Garlic Chicken & Mushroom Pasta with Garden Salad</p> <p>WEDNESDAY Roast Shoulder of Pork or Salt & Pepper Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy</p> <p>THURSDAY Chicken Makhani Curry with Pilau Rice</p> <p>FRIDAY Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce</p>	<p>MONDAY Plant Based Bolognese with Wholegrain Pasta & House Salad (VE)</p> <p>TUESDAY Smokey Bean & Vegetable Pasta Bake (VE)</p> <p>WEDNESDAY Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)</p> <p>THURSDAY Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)</p> <p>FRIDAY 1/4lb Quorn Burger with Ranch Slaw, Chips & Peas (V)</p>		

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Banana Pudding and Custard	Warm Blueberry Sponge	Sticky Toffee Pudding with Caramel Sauce	Apple & Mixed Berry Crumble with Vanilla Sauce	Fruit, Jelly & Yoghurt Pots

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Loaded Mediterranean Street Cart Wedges	Chicken Yakatori with Vegetable Rice	Korean Fried Crispy Chicken	Chinese Style Vegan Noodle (VE)	

NATURALLY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fork Friendly Falafel Kebab (V)	Vegan Singapore Noodles (V)	Spiced Paneer & Red Onion Naan (V)	Onion Bhaji Skewer with Bombay Potatoes (VE)	Garlic & Chilli Noodles (VE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza	Pasta in Cheese Sauce	Margherita Pizza