



Challenge Week at Glenthorne High School: A Celebration of Courage, Curiosity, and Character



July 2025
Issue 140



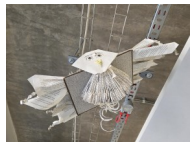
Challenge Week at Glenthorne High School is a truly unique and eagerly anticipated event in the school calendar - an entire week where the usual timetable is set aside, and pupils from Years 7 to 12 step into a world of new experiences, personal growth, and unforgettable memories. In the sweltering summer heat, students embraced the opportunity to push beyond their comfort zones.

The week was thoroughly enjoyed by all, and the descriptions that follow capture just a glimpse of the energy, enthusiasm, and excellence that made it so special.



**A Week
School's Out**

**Last Day of Term
Pupil dismissed as below:**
Year 7 12:15pm
Year 8 11:00am
Year 9 12:15pm
Year 10 12:10pm

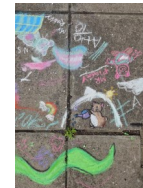


Year 7

Year 7 pupils had two exciting options this week. Many remained in school to complete the Bronze Arts Award, engaging in a series of creative workshops in music, dance, and drama. They also had the chance to reflect on a theatre trip they attended earlier in the year. The week culminated in a vibrant showcase performance, where students proudly presented what they had learned and created.



Meanwhile, others embarked on a Bushcraft residential, spending the week camping in the great outdoors. Despite the warm weather, pupils embraced the challenge, taking part in woodland activities and survival skills. They returned on Friday afternoon, tired, in need of a shower, but proud, full of stories and a strong sense of achievement.



Looking Ahead

Last Day of term
Tuesday 22nd July

A Level results Day
Thursday 14th August

Glastonthorne
Saturday 19th July

GCSE results day
Thursday 21st August

Inset Days
**Monday 1st September
Tuesday 2nd September**

Pupils return to school
Wednesday 3rd September

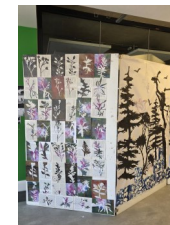


Year 8

Year 8 pupils had two exciting pathways during Challenge Week. Some remained on site, where they took part in a varied programme that included Humanutopia workshops, PE sessions, team building and mindfulness exercises - all designed to promote personal growth, teamwork, and well-being.



Others ventured out on a residential trip to the Mendip Hills, where they tackled a series of outward bound challenges. These activities tested their resilience, teamwork, and problem-solving skills in a beautiful outdoor setting.





Year 9

Year 9 students followed a similar structure to Year 8. Some stayed in school and participated in the same enriching programme of Humanutopia workshops, PE, and mindfulness activities.

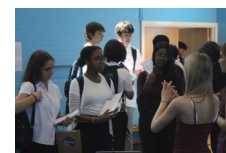


Meanwhile, others had the unique opportunity to travel abroad to Belgium, where they explored the culture and history of World War One. This immersive experience deepened their understanding of the past and offered powerful insights into global history.



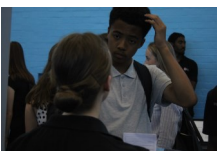
Year 10

Year 10 began the week with pre-public exams, demonstrating focus and determination. Afterward, they shifted gears to explore their futures through aspirations activities, which included employer engagement sessions and career exploration workshops. It was a valuable opportunity for pupils to start thinking seriously about their next steps.



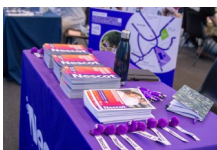
Year 10 Aspirations Days

Over a very packed 2 days, Year 10 had an opportunity to participate in a series of workshops and events all designed to inform them of all the Post 16 options available. This included occupational talks and workshops, mock interviews and CV and cover letter writing skills. A real highlight for pupils was the Careers Fair which gave the pupils a chance to speak to wide range of external employers and trainers. Pupils explored vocational courses, apprenticeships traineeships courses, college courses and university courses. The Year 10 pupils came away motivated and inspired to set personalised goals.



A Huge Success

Challenge Week was a tremendous success across all year groups. Pupils returned with new skills, unforgettable memories, and a renewed sense of confidence. A huge thank you goes out to all the staff who made this week possible - especially those who supported the residential trips by giving up their evenings to take care of the pupils.



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School Uniform Supplier:

**Cladish
29 - 31 Woodcote Road
Wallington
Surrey
SM6 0LH**

Tele: 020 8647 1013

www.cladishsports.co.uk



South Asian Heritage Month

In celebration of South Asian Heritage Month, Science Department set an exciting challenge for our students linking science and culture.

Year 7 and 8 pupils researched and created posters about plants and animals endemic to South Asia, while Year 9 pupils explored the physical and chemical changes involved in cooking traditional South Asian dishes. The posters are now displayed throughout the Science corridors, showcasing our students' creativity, curiosity, and



Year 10 Imperial War Museum Trip

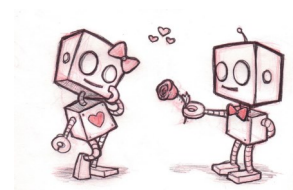


History pupils in Year 10 visited the Imperial War Museum on Wednesday, 16th July. They attended a taught session about the Holocaust and then walked round the Holocaust Exhibition looking at exhibits and engaging in tasks set by the specialist that led the session.

This reinforced the GCSE Curriculum taught earlier in the year and helped them understand the reality of the persecution of minority groups under the Nazis. Pupils then had time to explore the galleries on the Cold War before returning home. A rather sombre, but valuable end to Yr10 History course.

Year 9 immersion day

As part of our PSHE and Relationships and Sex Education (RSE) programme, Year 9 took part in an Immersion Day on Monday 14th July. The focus of the day was to explore what makes healthy relationships, consent, crime and joint enterprise. The aim was to help pupils feel empowered as young people to find the correct support and knowledge to enable them to make positive and healthy choices so they can evaluate risks now and in the future. Year 9 behaved fantastically exploring these topics and were fully engaged in the debates and activities. Well done Year 9.



Sessions!' – 6th form Performing Arts Event

'On Wednesday night, 6th form Performing Arts students put on 'Sessions!', a completely 6th form led charity fundraiser showcasing the best work from lessons and extra-curricular clubs. It was an extremely joyous evening with sensational performances from everyone who took to the PDH stage. Congratulations to all involved, and well done for raising money for a great cause!'



Arts Gala

On Thursday night, the Arts team held their annual 'Arts Gala', a celebration of the successes of all our pupils in the Arts subjects. It was a truly wonderful evening filled with awards, performances, and an exhibition of the creative arts. Well done to all of the pupils involved, and good luck to our year 13 students who we said a fond farewell to.



Supporting Charity Week

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This week, the school grounds have been buzzing as pupils from all year groups came together for our much-loved House Charity Week. From the start, the energy was electric – and it wasn't just from the sugar rush of ice cream sales!



With organisation from the Heads of Houses, our brilliant pupils and the house captains, the week was packed with events, all aimed at raising money for each house's chosen charities: Shooting Star, St Raphael's Hospice, British Red Cross and Cancer Research.



Whether it was on the MUGA or in a spelling showdown, students had their sights set on one thing: beating the teachers! From penalties to putting, the spirit of competition soared. Although we're told Mr. Ottaway is still recovering from his surprise loss against some Year 8s in a spelling bee...



One of the most popular attractions was, unsurprisingly, Sponge the Teacher. Brave staff members became targets for sponges and buckets while pupils cheered on, coins in hand!



To cool things down after all the excitement (and to keep up with the British summer heat!), ice cream was on sale on Monday and Friday. With every cone and scoop bought, pupils were reminded that even a sweet treat can make a big difference.



Beyond the fun and games, House Charity Week is about nurturing values of empathy, teamwork and social responsibility. It gives pupils a platform to lead, collaborate, and see the real-world impact of their efforts.



To our incredible staff, enthusiastic pupils, and of course, to you – our supportive parents and guardians – thank you for your encouragement, donations, and sponge-throwing accuracy. You helped make this week one of the best House Charity Weeks to date!





The Willow Menu for week commencing 21st July

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WEEK 2

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WEEK COMMENCING

07/04/25, 28/04/25, 19/05/25, 09/06/25, 30/06/25, 21/07/25

BREAK & LUNCH TIME HOT DELI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
POWER BITES				
Indian Spiced Mushroom Rice R08554	Cheesy Garlic Ciabatta R08975	Tomato & Basil Pasta R08881	Sweet Chilli Noodles R08807	Cheese & Tomato Nacho Melt R09084
SOUP				
Roasted Tomato & Basil Soup R02634	Roast Butternut & Ginger Soup R10028	Mexican Red Pepper & Tomato Soup R06178	Thai Style Squash & Coconut Soup R07529	Thai Style Squash & Coconut Soup R07529
OPEN HOT WRAP				
Crispy Chicken Ranch R10024/R10052	Super Charged Chilli Quorn Dipper R10040	BBQ Crispy Chicken R10026/R10054	Sweet Chilli Chicken R10029/R10053	BBQ Quorn Dipper R10036
FIRM FAVOURITES				
Margherita and BBQ Southern Fried Chicken Twister R00104/R07747	Chicken & Wedges R07739	BBQ Pepperoni Bagel Stack R05740	Southern Fried Chicken Burger R07744	Tikka Burrito R10031/R10034
NATURALLY HOT				
Buffalo Cauliflower Wings on Salt & Pepper Wedges R08072	Vegan Singapore Noodles R05732	Singapore Fried Rice R05738	The Big Plant Burger R06220	Garlic & Chilli Noodles R10027
PIZZA & WINGS				
Margherita Pizza, Ham, Cheese & Tomato Pizza R07564/ R07565/ R07568 R01929 / R01933 / R01964	BBQ Chicken Wings R01967/R07576	Margherita Pizza, Pepperoni, Cheese & Tomato Pizza R07564/ R07566/ R07569 R01929 / R01930/ R05906	Cajun Chicken Wings R01962/R08546	Margherita Pizza R07564/R01929
PANINIS				
Just Cheese R09136/R09137	Ham & cheese R08152/R09148/R09149/ R09150	Pepperoni Panini R09138/R09139/R09141/ R09140	Chicken Tikka R09144/ R09146/R09145/R09147	Pizza Melt R09067/R09068



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LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Traditional Sausage & Mash with Onion Gravy R08904/R07555	Chicken Arrabiata Pasta Bake R10448/R10450	Roast Breast of Turkey , Crisp Roasties, Seasonal Veg and House Gravy R10435/R10436	Kung Pao Chicken, Served with Fried Rice R10447/R10445	Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce. R07613/R07614/R07678 R07674/R07679
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MAIN COURSE VEGETARIAN

Vegan Sausage Casserole with Mash & Gravy R10385	No Waste Cauliflower Cheese Pasta Bake R10012	Cheddar, Squash and Roasted Red Pepper Quiche with Garden Salad R10593	Eggplant Katsu R10444	Sundried Tomato and Cheddar Turnovers R10388
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DESSERT OF THE DAY

Dutch Apple Cake R10405	Warm Blueberry Sponge R09854	Apple & Mixed Berry Crumble with Vanilla Sauce R07615	Banana Pudding with Custard R10046	Fruit, Jelly and Yogurt Pots Codes from Top 3 Lines of Bakery Menu
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STREET VIBES – LUNCH ONLY

	Made Your Way Concept	Made Your Way Concept	Made Your Way Concept	
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HOT PASTA POT – BREAK & LUNCH

Tomato & Basil Pasta Pot R06279 / R06280	Pasta in Cheese sauce R06286/R06287	Tomato & Basil Pasta Pot R06279 / R06280	Creamy Pesto Pasta R08997/ R08999	Tomato & Basil Pasta Pot R06279 / R06280
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