

GHS Update

Achievement for All

W/C 10.11.2025

November 2025

Issue No. 147

Dear Glenthorne Families



I hope you all had a restful and enjoyable half-term break. We're delighted to welcome everyone back as we begin the second half of the autumn term. The school is now fully operational again, and you'll see from our updates that we're moving forward with energy and purpose.

This term, we're proud to support a very special initiative. Our Sixth Form students, along with Mr Boniface (Head of Rollason House) and Ms Homewood (Head of Seacole House), will be taking part in a charity sleepout to raise funds for Shooting Star Children's Hospices. This incredible charity provides vital support to families who have experienced the devastating loss of a child. Their work is especially close to our hearts at Glenthorne, as they have supported both pupils and staff in our community during times of bereavement.

The sleepout will take place in our sports hall on Friday, 14th November, and we invite you to support this meaningful cause by donating via the GoFundMe page:

 [Glenthorne Sponsored Sleepout – GoFundMe \[gofundme.com\]](https://www.gofundme.com)

Dr Peacock



Looking Ahead

B Week

"The living owe it to those who can no longer speak to tell their story for them." Czeslaw Milosz

Year 10 Welcome Evening
Wednesday 12th November

Year 7 & 8 Swimming Gala
Monay 17th November

Year 13 Parents' Evening
Wednesday 19th November

KS3 Glenthorne Celebrates
Wednesday 26th November

School Charity Christmas Jumper Day
Thursday 1st December

Pupil's Christmas Lunch
Pupil's Christmas Jumper Day
Thursday 11th December



Anti bullying week



This week, our school community came together to celebrate Anti-Bullying Week which highlighted our school motto: "Be Kind."

The week began with assemblies led by our Heads of House, setting the tone for the week



Lunchtime activities brought students together in creative and meaningful ways. The ever so popular Open Mic session gave a platform for voices to be heard, stories to be shared, and kindness to be celebrated. On Thursday, the hugely popular friendship bracelet making workshop took place giving pupils a hands-on reminder of the bonds we build when we support one another.



Thank you to everyone who participated and helped spread the message.

Let's continue to live by our motto — "Be Kind" — every day.

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Halloween Disco

Tuesday October 21st saw the return of Glenthorne's Halloween Disco. This year the theme was "Haunted House". Pupils from Year 7 and 8 transformed into all kinds of costumes with excellent Halloween themes. This being the student's last day of half term, the energy was high and some great dance moves were on display. The haunted tour of the DH corridor was hugely popular with pupils screaming the building down: thank you to Performing Arts Team for providing this immersive and scary experience! The Head Student team absolutely excelled and ensured that the evening ran very smoothly.



Year 13 Supreme Court & Parliament Visit

On 6th November, 45 year 12 and 13 History and Politics students took a trip to the UK Parliament and the Supreme Court. This trip was to aid of our study of UK government and politics and Parliamentary reform in Britain within history. During this trip we were taken on a guided tour of Parliament and we were able to visualise the areas where historic moments occurred whilst also reflecting on Parliamentary processes we have learnt in practice. We were also provided the opportunity to work collaboratively to create political parties and campaigns for a mock snap election. Afterwards we were lucky enough to be taken on a guided tour of the Supreme Court, where we were shown all 3 of the court rooms and provided the context of the rooms and court proceedings. We took part in a mini mock hearing in the Supreme Court which enabled us to visualise how the Court works.



Overall, this experience was incredibly beneficial for all. gaining crucial insights into what we have learned about within our studies in sixth form.

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Dungeons & Dragons



On Monday 27th October Glenthorne's Dungeons and Dragons Club ran a special D&D event at the British Library for neurodivergent youth and their families. The event took place in and amongst the Library's Secret Maps exhibit. The event was created entirely by the pupils and was very warmly received by groups who attended!



IN THE
LIBRARY!

EVERY
BREAK AND
LUNCH
FROM 24-28
NOVEMBER!

SCHOLASTIC



Hundreds of the best books to choose from!

Train to Teach



Webinar



Thursday 20th November 2025
5-6 pm

Find out about our training
programme, and how to
apply for September 2026

To book a free place email
RFA@glenthorne.sutton.sch.uk
or click the link in the bio



GHS Update

WELLBEING

November 2025

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Good Attendance Sets the Foundation for Future Success

Employers and colleges value reliability. Developing strong attendance habits early prepares children for the expectations of adult life and work.



Mental Health & Emotional Wellbeing Tip

Eat balanced meals - Nutrition fuels the brain and body.
Include one extra fruit or vegetable in your meals each week.

Education Wellbeing Service Webinar

Healthy Habits in Teenagers with Autism

A 1.5 hour long webinar dedicated to look into how healthy habits can be implemented at home to improve the wellbeing of teens with autism.

DATE / TIME
Monday 3rd November
6.00-7.30pm

LOCATION
Online - Hosted on Teams

DATE / TIME
Wednesday 4th February
12.30-2.00pm

Scan the QR code or [click here](#)

Sign up to either event for free on Eventbrite by scanning the QR Code. You can also check out our other events by [clicking here](#)

wellbeinginschoolsevents@swstg.nhs.uk

Education Wellbeing Service Webinar

Understanding and Supporting Teen Sleep

This webinar will look at some of the research and science around sleep hygiene, teenage sleep and thinking together about the challenges with some options for supporting from the perspective of parents or carers.

DATE / TIME
Tuesday 11th November
1.00-2.00pm

LOCATION
Online - Hosted on Teams

DATE / TIME
Tuesday 11th November
7.00-8.00pm

Scan the QR code or [click here](#)

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GHS Update

Cucina Menu

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WEEK 3

Week Commencing: 20/10/2025 10/11/2025 01/12/2025 22/12/2025 12/01/2026
02/02/2026 23/02/2026 16/03/2026 06/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

BBQ Chicken Served with Salt & Peppers Wedges, Garden Peas

TUESDAY

Chicken Arrabbiata Pasta Bake

WEDNESDAY

Roast Shoulder of Pork or Salt & Pepper Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Korma with Pilau Rice & Coriander Salad

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Chipotle Quorn Dippers with Salt & Pepper Wedges & Garden Peas (V)

TUESDAY

Crunchy Topped Macaroni Cheese and House Salad (V)

WEDNESDAY

Cheesy Roasted Squash & Parsnip Crumble. Served with Seasonal Vegetables & Gravy (V)

THURSDAY

Cauliflower Bhaji with Pilau Rice & Mint Yogurt (V)

FRIDAY

Crispy Onion Pakora Burger Served with Mango Slaw, Chips & Peas (VE)

DESSERTS

MONDAY

Sticky Lemon Drizzle

TUESDAY

Mixed Berry & Apple Crumble

WEDNESDAY

Jam Tasty Puff & Custard

THURSDAY

Banana Pudding & Custard

FRIDAY

Hot Chocolate Rocky Road

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Cucina



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY

Buffalo Cauliflower Wings, Served with Salt & Pepper Wedges (V)

TUESDAY

Vegan Singapore Noodles (V)

WEDNESDAY

Hot Falafel Buddha Bowl (V)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Pasta in a Cheese Sauce

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

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Along with our Christmas Jumper Day, our Christmas dinner will be available to all pupils on **Thursday 11th December**. Please ensure that your child's ParentPay account has enough funds to cover the Christmas lunch if your child wishes to participate.

A festive menu card with a dark background decorated with Christmas ornaments, pine branches, and snowflakes. The text is centered on a white rectangular area. At the top, it says 'FANTASTIC FESTIVE FOOD'. Below that, it lists the 'CHRISTMAS DINNER' menu, including a 'Main Course' with two options and a 'Dessert' section with two items. A red banner at the bottom says 'JOIN US ON: Thurs 11th DECEMBER'.

**FANTASTIC
FESTIVE
FOOD**

CHRISTMAS DINNER

Main Course

Halal Roast Turkey Breast, Sage & Onion
Stuffing, Roast Potatoes, Seasonal Vegetables
& Gravy

or

Sage, Onion & Cranberry Wellington, Roast
Potatoes, Seasonal Vegetables & Gravy (VG)

Dessert

Traditional Christmas Pudding
with Vanilla Sauce

Festive White Chocolate
Confetti Cookie

JOIN US ON: Thurs 11th DECEMBER