

GHS Update

Achievement for All

W/C 08.12.2025

December 2025

Issue No. 151



Year 13 Geography Fieldwork - Swanage



From Tuesday 25th to Friday 28th of November, all Year 13 Geography A level students took part in their residential fieldwork trip to Swanage and the Jurassic Coast. They were blessed with excellent weather and engaged really well with the work. It was long days collecting data and investigating a range of coastal environments, but the students have been able to collate a significant amount of data which will support their coursework projects. Barry, our local fieldwork tutor, was really impressed by the group and complimented them on their engagement and manners.

Well done to all the students involved, and I hope it has inspired a new found appreciation for Geography and the amazing landscapes of the UK.



🕒 Looking Ahead

B Week

"It isn't what we say or think that defines us, but what we do" Jane Austen

Monday 8th December

Flu vaccination, catch-up session

KS4 Glenthorne Celebrates

Wednesday 10th December

Pupil's Christmas Lunch

Pupil's Christmas Jumper Day

Thursday 11th December

Annual Carol Concert

Monday 15th December

KS5 Glenthorne Celebrates

Wednesday 17th December

Last Day of term

Pupils will be dismissed from 12:15

Friday 19th December



Support Our Local Food Bank – Sutton Food Bank Donation Drive



We are excited to announce our upcoming Food Bank Donation Drive in support of Sutton Food Bank, part of the Trussell Trust network. This initiative helps provide essential supplies to individuals and families in need within our community.

How You Can Help:

We are collecting donations of non-perishable food and toiletries. Every contribution makes a difference! The most needed items include:-

- Chopped tomatoes
- Tinned custard
- Tinned sweetcorn
- Tinned mushrooms
- Cooking oil
- Small bags of sugar
- Small bags of flour
- Tinned soups
- Toiletries (shampoo, body wash, etc.)

Where and When:

Donations can be brought to tutor rooms, in plastic 'bags for life', on the morning of **Tuesday 9th December**. Your generosity will help ensure that no one in our community goes hungry, especially around this holiday season. Thank you for supporting this important cause!



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Glenthorne Celebrates Key Stage 3 Awards Evening



On Wednesday 26th November, Glenthorne hosted its annual Key Stage 3 Awards Evening, recognising the outstanding achievements and efforts of our pupils.

The event celebrated excellence across academic subjects, effort in subjects, and contributions to school life. Families, staff, and students came together to applaud the hard work and dedication shown throughout last year, making it a truly memorable occasion.

We look forward to celebrating our Key Stage 4 Awards on Wednesday 10th December and Key Stage 5 Awards Evening on Wednesday 17th December.



Dungeons and Dragons at Lewisham Libraries

On Saturday 29th November Glenthorne's Dungeons and Dragons Club travelled to Deptford Lounge to launch their annual D&D event as part of their Imagined Worlds series. It was a fully booked event with our students leading a three hour adventure for the public. It was a lot of fun for all involved, well done to the students for creating such an engaging and exciting event for the attendees.



Christmas Carol Concert

Please come and join us for our Annual Christmas Carol Concert on Monday 15th December at All Saints Church in Carshalton, SM5 3AG from 6pm until 7pm. Festive refreshments will be served from 5:45pm. All are welcome.



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Upcoming Events

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Attendance Fact of the week

Daily structure improves sleep patterns and overall wellbeing.



Mental Health & Emotional Wellbeing Tip

Celebrate small wins – Progress boosts confidence.
→ Keep a weekly “achievement list” of things you’ve done well.



Christmas Jumper Day

Date: Thursday 11th December

Pupils are invited to participate in Christmas Jumper Day by swapping their usual school jumper for a festive one. Normal school uniform must be worn alongside the jumper. To take part, pupils must bring in £1 to give to their tutor, which will go to their respective house charities:

Morris: Cancer Research

Seacole: Shooting Star Children’s Hospice

Turing: MIND

Rollason: SpecialEffect



Christmas Carol Concert

Monday 15th December 2025

All Saints Church, Carshalfon, SM5 3AG

6pm-7pm

Free Entry
Festive refreshments served from 5.45pm



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DO YOU
want **TO LEARN**

AN INSTRUMENT
or have **VOCAL LESSONS?**

WE NOW HAVE SPACES

please see Mrs Took
in A23 for info

Glenthorne High School
Achievement for all

Please click on the link for application [click here](#)



GHS Update

Cucina Menu

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WEEK 1

Week Commencing: 27/10/2025 17/11/2025 08/12/2025 19/01/2026 09/02/2026
02/03/2026 23/03/2026 13/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Beef Bolognese with Wholegrain Pasta & House Salad

TUESDAY

Kung Pao Chicken with Vegetable Rice

WEDNESDAY

Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Tikka Masala, Served with Braised Rice & Kachumber Salad

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Plant Based Bolognese with Wholegrain Pasta and House Salad (V)

TUESDAY

Kung Pao Cauliflower with Vegetable Rice (VE)

WEDNESDAY

Lentil Sage & Onion Wellington (V)

THURSDAY

Butter Cauliflower & Chickpea Curry, Served with Braised Rice & Kachumber Salad (V)

FRIDAY

Homemade Cheese & Onion Slice with Chips & Peas (V)

DESSERTS

MONDAY

Topped Pudding with Custard

TUESDAY

Chocolate & Banana Parfait

WEDNESDAY

Syrup Sponge with Custard

THURSDAY

Hot Apple Crumble with Custard

FRIDAY

Hot Chocolate Rocky Road

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Cucina



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY

Pakistani Tarka Dhal (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Onion Bhaji & Vegetable Rice Bowl (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA

MONDAY

Tomato & Basil Pasta

TUESDAY

Pasta in a Cheese Sauce

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

Train to Teach



Webinar



Thursday 11th December 2025

5-6 pm

Find out about our training programme, and how to apply for September 2026

To book a free place email RFA@glenthorne.sutton.sch.uk or click the link in the bio



GHS Update

Cucina Christmas Dinner Menu

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Along with our Christmas Jumper Day, our Christmas dinner will be available to all pupils on **Thursday 11th December**. Please ensure that your child's ParentPay account has enough funds to cover the Christmas lunch if your child wishes to participate.

FANTASTIC FESTIVE FOOD

IT'S BEGINNING TO *TASTE* A LOT LIKE CHRISTMAS!

The festive season is nearly here, bringing a delicious selection of Christmas treats to your school's food court!

CHRISTMAS DINNER DAY

We will be holding a Christmas lunch where students can enjoy a festive meal, complete with all the trimmings.

Main Course: Turkey Breast with Stuffing, Pigs in Blankets, Roast Potatoes, Seasonal Vegetables & Gravy **or** Sage, Onion & Cranberry Wellington (VG) with Roast Potatoes, Seasonal Vegetables & Gravy.

Dessert: Christmas Pudding with Vanilla Sauce **or** Festive White Confetti Cookie.

FESTIVE SPECIALS

Each day, students can look forward to a delicious seasonal treat. From our Christmas Baguette and Christmas Tree Croissants to Mince Pies, there's lots to choose from!

WE LOOK FORWARD TO CELEBRATING WITH YOU! MERRY CHRISTMAS!

£2.85
(incl dessert)



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Cucina Christmas Dinner Menu

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Halal Christmas menu



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The festive season is nearly here, bringing a delicious selection of Christmas treats to your school's food court!

£2.85

(incl dessert)

CHRISTMAS DINNER DAY



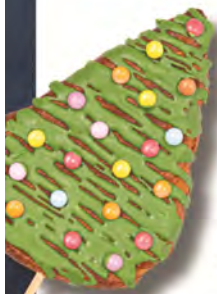
We will be holding a Christmas lunch where students can enjoy a festive meal, complete with all the trimmings, with both Halal and non-Halal options available!

Main Course: Turkey Breast with Stuffing, Roast Potatoes, Seasonal Vegetables & Gravy **or** Sage, Onion & Cranberry Wellington (VG) with Roast Potatoes, Seasonal Vegetables & Gravy.

Dessert: Christmas Pudding with Vanilla Sauce **or** Festive White Confetti Cookie.



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