



GHS Update

Achievement for All

W/C 15.12.2025

December 2025

Issue No. 152

Supporting Communities Through Action

On Thursday, staff and pupils joined in the festive spirit by wearing their Christmas jumpers for great causes. The event was not just about spreading cheer - it was about making a difference.

Thanks to everyone's generosity, we raised funds that will go directly to our House Charities, helping support the important work they do in our community and beyond.

Thank you to everyone who contributed and made the day such a success



Looking Ahead

A Week

"May everyone be happy and safe and may their hearts be filled with joy" Buddha

KS5 Glenthorne Celebrates
Wednesday 17th December

Last Day of term
Pupils will be dismissed from 12:15
Friday 19th December

Pupils return to school
Monday 5th January

Year 7 Core Academy Evening
Tuesday 6th January



Food Bank Initiative



This December, our school community came together to make a real difference. As part of our annual Christmas charity event, we organised a food bank drive to support our local community in need – and the results were truly heartwarming.

Pupils, teachers, and staff donated a wide variety of non-perishable items, from canned goods to pasta and festive treats. Thanks to everyone's generosity, we collected a whole minibus full of items, which were delivered to the local drop off point for the Sutton Foodbank just in time for the holidays.

The drive wasn't just about giving food – it was about giving hope. Many families face extra challenges during the festive season, and our contributions will help ensure they can enjoy a warm, nourishing meal.

A huge thank you to everyone who donated, volunteered and helped spread the word. Your kindness shows the true spirit of Christmas and reminds us that even small acts of generosity can have a big impact.

If you would like to donate items over the holidays, or at any point in the year, please use these websites to help you locate donation points:

Sutton Donation Points - [Sutton, Sutton food banks - Give Food](#)

Merton Donation Points - [Merton food banks - Give Food](#)





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Key Stage 4 Awards Evening

This week we celebrated the achievements of our Key Stage 4 students at the Awards Evening. Students were recognised for Academic Achievement, Effort, and received awards from Heads of Year and Heads of House, along with several Special Awards.



We would like to thank our Chair of Governors for attending and presenting the awards. Their support is greatly appreciated.

The theme of the week, "It is not what we say or think that defines us, but what we do," was clear throughout the evening. Every student recognised has shown through their actions - hard



Sporting Results

Year Group	Sport	Opponent	Result
Yr7	Netball	Nonsuch	Lost 11-2
Yr8	netball	Nonsuch	Won 7-3
Yr8	Football	Coombe Boys	Lost 4 - 0
Yr10	Basketball	Greenshaw	Lost 32 - 25



Bebras Computational Thinking Challenge

In November, 721 students across years all year groups took part in the Bebras Computational Thinking challenge.



Within Glenthorne, 370 pupils placed in the top 50% of the country for their result, with 176 of those in the top 25% and 88 in the top 10%.

A huge congratulations to everyone that took part in Glenthorne's first ever Bebras challenge, it has proved a great success and a select number of pupils will be taking part in the second round, a live coding challenge, in March 2026. Watch this space!



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Year 12 Supercurricular Talk by Kingston University

On Friday, 5th December, Year 12 students enjoyed the first session in our Supercurricular Talk Series, delivered by Dr Krishna Sharma from Kingston University.



Dr Sharma introduced students to drug development, pharmaceutical innovation, and sustainability in chemistry, offering valuable insights into careers shaping the future of healthcare and science. A highlight was the hands-on demonstration, where students created a simple fragrance—bringing chemistry to life in an interactive way!

This event marks the start of an exciting collaboration with Kingston University to broaden students' horizons and inspire STEM pathways. We look forward to welcoming more guest speakers in the coming months, including sessions on Medical Genetics, Clinical Trials, and Physiology.



Bar Mock Trial Team



On Saturday 6th December the Library's Bar Mock Trial Team travelled to Ipswich Crown Court to compete in a Young Citizens Mock Trial Competition. The team did exceptionally well, coming in 2nd out of the eight teams present. It was a fantastic experience overall, well done to the team for their hard work!



Dance Workshop

We were thrilled to welcome back one of our former pupils Lauren Nicholls, now training at Trinity Laban, for an inspiring lyrical contemporary workshop last Monday. Her passion and professionalism shone through as she guided pupils in exploring expressive movement and fluidity. Well done to all those who attended, every participant demonstrated exceptional focus and creativity, making the session a truly enriching experience for all involved. Thank you, Lauren, for joining us!

Polite Reminder

Please can we ask all parents and carers to park considerately whilst visiting the school. Please do not block driveways, park on yellow lines or park outside the school.

Thank you for your understanding regarding this matter.



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Attendance Fact of the week

Absenteeism can lead to feelings of isolation and low self-esteem.



Mental Health & Emotional Wellbeing Tip

Attend regularly – Routine supports mental health.
→ Track your attendance and aim for 100% each week.

Education Wellbeing Service

wellbeinginschoolevents@swlstg.nhs.uk South West London and St George's Mental Health NHS Trust

Upcoming Events For Secondary Parents Spring Term 2026


Supporting your teenager's mental health webinars

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

12TH JAN 26 1 PM - 2 PM	Screen Time, Social Media and gaming - what parents need to know	14TH JAN 26 7 PM - 8 PM
9TH FEB 26 7 PM - 8.30 PM	Supporting Siblings of Children with SEND	10TH FEB 26 1.30 PM - 3 PM

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)



Making Life Better Together

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Upcoming Events For Secondary Parents Spring Term 2026


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16TH FEB 26 7 PM - 8 PM	Supporting your teenager with Exam Stress (Years 11-13)	17TH FEB 26 1 PM - 2 PM
9TH MAR 26 1 PM - 2 PM	Conflict, Communication and Compromise - the teen years	12TH MAR 26 7 PM - 8 PM

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

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DO YOU
want **TO LEARN**

AN INSTRUMENT
or have **VOCAL LESSONS?**

WE NOW HAVE SPACES

please see Mrs Took
in A23 for info

Glenthorne High School
Achievement for all

Please click on the link for application [click here](#)





GHS Update

Cucina Menu

December 2025

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Cucina

WEEK 2

Week Commencing: 03/11/2025 24/11/2025 15/12/2025 05/01/2026 26/01/2026
16/02/2026 09/03/2026 30/03/2026 20/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Pork & Beef Sausage or Chicken & Beef Sausage, Served with Mash with Onion Gravy

TUESDAY

Beef Lasagne with Homemade Garlic Bread & Garden Peas

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Sweet & Sour Chicken, Served with Fried Rice

FRIDAY

Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Vegan Sausage Casserole with Gravy (VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake (V)

WEDNESDAY

Cheese, Onion & Leek Pie, Served with Seasonal Vegetables & Gravy (V)

THURSDAY

Sweet & Sour Tofu with Fried Rice (V)

FRIDAY

Jamaican Squash Pasty with Chips & Peas (V)

DESSERTS

MONDAY

Chocolate Sponge with Chocolate Sauce

TUESDAY

Peas & Ginger Crumble with Cinnamon Custard

WEDNESDAY

Jam Sponge with Custard

THURSDAY

Baked Courage

FRIDAY

Hot Chocolate Rocky Road

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY

Fork Friendly Falafel Kebab (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Singapore Fried Rice (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlic & Chili Noodles (VE)

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Pasta in a Cheese Sauce

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

