



GHS Update

Achievement for All

W/C 19.01.2026

January 2026

Issue No. 154

Welcome Back – Start of the Spring Term

Dear Parents and Carers

I hope you and your families enjoyed a restful break. It has been wonderful to welcome pupils back to school this week as we begin what promises to be an exciting spring term.

As many of you will know, the school was inspected by Ofsted last week. I would like to extend my thanks for the overwhelming support you shared - both through the parent survey and in the many personal messages we received. Your encouragement and confidence in our school mean a great deal to us.

At this stage, we are not permitted to share the outcome of the inspection. The findings will be communicated once the official report is published by Ofsted, and we will ensure this is shared with you as soon as it becomes available.

*Looking ahead, we have a fantastic term planned. We are particularly excited about our whole school production of *The School of Rock*. The pupils have been working incredibly hard, and their enthusiasm is infectious. Performances begin on Tuesday, starting with a special showing for primary pupils from across the Trust. Evening performances will then run on Tuesday 20th, Wednesday 21st, and Thursday 22nd. We are very much looking forward to celebrating the talents of our pupils and hope many of you will be able to join us.*

Thank you once again for your continued support. We are delighted to have the pupils back and look forward to all that this term holds.

Warm regards

*Dr S Peacock
Headteacher*

Looking Ahead

B Week

“Horse gifts the world with true freedom of mind, body and spirit.” Chinese Astrology

Whole School Production

Tuesday 20th January
Wednesday 21st January
Thursday 22nd January

Year 11 Parents’ Evening

Wednesday 28th January

Rising Stars Concert

Thursday 5th February

Year 7 Parents’ Evening

Wednesday 11th February

Year 7 & 8 Valentine’s Disco

Thursday 12th February



A Christmas Carol - Year 11

On 5th January Year 11 GCSE Drama pupils had the fantastic opportunity to watch *A Christmas Carol* at The Old Vic theatre in Waterloo. The pupils were treated to an incredible productions stage in-the-round, meaning that the audience surrounded the action on all four sides. The performance use the technical aspects of theatre well to create an exciting and eerie look into Ebenezer Scrooge's moral compass. The end of the production saw audience participation with potatoes tumbling down from the grand circle to the stage, and Brussel sprouts floating down on parachutes to create the final Christmas feast. Pupils spoke with passion about how much they enjoyed the production. We have already started analysing in lessons in preparation for their final written exam in May.



Drama Department

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Year 12 Supercurricular Talk by Kingston University



On Friday, 9th January, Year 12 students attended the second session in our Supercurricular Talk Series, delivered by Dr Ahmed Elbediwy and Dr Simon Gould from Kingston University. Dr Elbediwy introduced students to Medical Genetics, exploring how genetic research underpins modern medicine and advances in understanding hereditary conditions. Dr Gould, an expert in Microbiology and Course Leader for Biomedical Science, shared fascinating insights into the role of microorganisms in health and disease, highlighting the importance of microbiology in clinical and research settings. Students participated in an interactive case study session where they could analyse laboratory test results to derive diagnoses for different patients, guided by Dr Elbediwy and Dr Gould. The session provided an inspiring glimpse into university-level science and potential STEM careers, sparking curiosity and discussion among students.



Year 10 - Devising Drama

This week, Year 10 GCSE Drama pupils have started their major performance project for the year. Devising is the process of creating a performance from scratch, with no script. Instead, pupils are given a range of stimuli to choose from.

At Glenthorne, the Drama Department creates a stimulus room for pupils to explore over two lessons. This has become an experience many pupils look forward to, often sharing it with their friends and inviting them to visit the stimulus room at break or lunchtime for further exploration. Many pupils have expressed how inspired they feel to create a performance based on what they discovered there.

Zara said, "The whole atmosphere of the room is really interesting, and I'm really excited to work on the piece." Riley added, "By having more stimuli than just pictures and poems, I feel like we've got more to work from. I'm feeling really inspired."

You can see a video of what the pupils experienced here: https://youtu.be/d6lq_BWwfhA



Sporting Results

Year Group	Sport	Opponent	Result
Yr9	Basketball	John Fisher	Lost 40 - 31
Yr9	Football	Woodcote	Lost 3 - 2
Yr10	Handball	Carshalton	Won 5 - 3
Yr10	Handball	Harris Sutton	Won 4 - 1
Yr11	Basketball	Southborough	Won 64 - 61

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There is still time to purchase tickets for our highly anticipated Whole School Production 'School of Rock!'. The performance will take place in the School Hall at 7pm over three nights, Tuesday 20th January, Wednesday 21st January and Thursday 22nd January 2026.

Tickets for this performance will be £10 for adults and £8 for concessions. Doors will open from 6.30pm so audience members have plenty of time to purchase a programme and take their seats. The cost of the programmes will be £2, payable in cash.

All of the pupils involved have been working incredibly hard since September, with over 150 pupils involved in the cast, production team and band, and so we would like to thank you for your support and we look forward to seeing you all at our rock and roll performance!

**GLENTHORNE HIGH SCHOOL
PRESENTS**

AN AMATEUR SCHOOL PRODUCTION BY ARRANGEMENT
WITH LW ENTERTAINMENT LTD.

THE NEXT GENERATION

**SCHOOL
of
ROCK**

THE MUSICAL

WHOLE SCHOOL PRODUCTION

BASED ON THE PARAMOUNT MOVIE WRITTEN BY MIKE WHITE

MUSIC BY ANDREW LLOYD WEBBER SCRIPT BY JULIAN FELLOWES LYRICS BY GLENN SLATER

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20th, 21st AND 22nd JANUARY 2026
PERFORMANCE BEGINS AT 7PM
The School Hall
Tickets £10, £8 Concessions

[Tickets are on sale via Ticket Source](#)



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Attendance Fact of the week

Attending school helps children develop resilience through daily challenges.



Mental Health & Emotional Wellbeing Tip

Set goals – Gives direction and motivation.
→ Write one academic or personal goal each week.

NHS
South London Children and
Young People's Community
Immunisation Service

Join our webinar on teenage vaccines

Join our upcoming information session to learn more about the vaccines that are offered to your child in year 8 and 9.

Tuesday 20 January
13:00 – 14:00
Scan the QR code to
join the call!



January 2026

NHS
South London Children and
Young People's Community
Immunisation Service

Join our webinar on teenage vaccines

Join our upcoming information session to learn more about the vaccines that are offered to your child in year 8 and 9.

Thursday 29 January
16:00 – 17:00
Scan the QR code to
join the call!



January 2026

Train to Teach



Webinar



Thursday 29th January 2026
5-6 pm
Find out about our training
programme, and how to
apply for September 2026

To book a free place email
RFA@glenthorne.sutton.sch.uk
or click the link in the bio



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Join us for a warm and welcoming parent-carer meetup.

Come along to:

- Connect with other parents
- Chat with the Local Offer Officer
- Meet visiting organisations and services
- Hear updates on support, events and opportunities
- Help shape future sessions as the coffee morning develops


 Starting Friday 30th January
 10:00am – 12:00pm (weekly)

Preparation for Adulthood Hub Parent Coffee Mornings!



 Sutton Life Centre,
Alcorn Close SM3 9PX
 localoffer@sutton.gov.uk

A relaxed weekly space for parent carers to connect, chat and access support

 From Beans & Bloom:
Coffee + Cake for £5!
A special offer for all attendees.



GHS Update

Cucina Menu

January 2026

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Cucina

WEEK 1

Week Commencing: 27/10/2025 17/11/2025 08/12/2025 19/01/2026 09/02/2026
02/03/2026 23/03/2026 13/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Beef Bolognese with Wholegrain Pasta & House Salad

TUESDAY

Kung Pao Chicken with Vegetable Rice

WEDNESDAY

Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Tikka Masala, Served with Braised Rice & Kachumber Salad

FRIDAY

Chip Shop 'Friday' Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Plant Based Bolognese with Wholegrain Pasta and House Salad (V)

TUESDAY

Kung Pao Cauliflower with Vegetable Rice (VE)

WEDNESDAY

Lentil Sage & Onion Wellington (V)

THURSDAY

Butter Cauliflower & Chickpea Curry, Served with Braised Rice & Kachumber Salad (V)

FRIDAY

Homemade Cheese & Onion Slice with Chips & Peas (V)

DESSERTS

MONDAY

Sweet Pineapple Cake with Caramel

TUESDAY

Chocolate & Banana Brownie

WEDNESDAY

Syrup Sponge with Custard

THURSDAY

Gaty Apple (Chunks) with Custard

FRIDAY

Hot Chocolate Rocky Road

Fruit and Jelly Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available Tuesday to Thursday. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY

Pakistani Tarka Dhal (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Onion Bhaji & Vegetable Rice Bowl (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA

MONDAY

Tomato & Basil Pasta

TUESDAY

Pasta in a Cheese Sauce

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza