

GHS Update

Achievement for All

W/C 11.05.2026

May 2026

Issue No. 166



Battle of the Bands

The 2026 final of Glenthorne's Battle of the Bands took place on Thursday evening and it was a fierce competition with every band performing exceptionally. The Heads of Houses, who were the judges, said it was the toughest pick they've ever had to decide the winner. However, pick they must, and they went with The Portraits who took home the top prize this year, with Goodfellas and Soliloquy taking 2nd and 3rd respectively.

It wasn't only the bands who helped put on the show though, two 6th formers ran the sound for the evening as part of their BTEC Coursework and a photography pupil took all the photographs, including the one here!

A special thank you to all who attended and cheered every band. Thank you to the Heads of Houses for judging as well, and to Mr Reeves for helping with the lighting and sound.



Looking Ahead
"We will not have failure-only success and new learning" Queen Victoria

A Week

Yr10 Parents' Evening
Wednesday 13th May

Year 8 HPV Vaccination
Thursday 21st May

May Half Term
Monday 25th May - Friday 29th May



Celebrating Evan's Achievement

We are delighted to share some wonderful news about Evan Year 9, who took part in the international Never Such Innocence competition during the February half-term and was successfully shortlisted.

Responding to the theme, "Someone Else's Shoes," Evan created a powerful and thoughtful piece of artwork highlighting the persistence of war, both past and present. His striking imagery of a tank-like monster symbolised the ongoing impact of conflict, while the many shoes crushed beneath its tracks represented the countless lives affected. The circular composition added further depth, reflecting the continuous and cyclical nature of war.

We are incredibly proud of Evan's independence, creativity, and dedication. His willingness to engage with complex themes and express them so meaningfully is a truly impressive achievement. Well done, Evan!





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Attendance Fact of the week

School attendance helps children develop independence and responsibility.



Mental Health & Emotional Wellbeing Tip

Respect differences – Promotes empathy and inclusion
→ *Learn one new thing about someone's background or culture*



5 Ways to Wellbeing #kidedition

Connect

Look into their eyes
Hold them close
Create something together
Play

Be Active

Set family challenges
Walk where and when you can
Sing and dance
Play

Give

Let them help you
Support them to find ways to help others
Model generosity
Play



Take Notice

Rest & reflect together
Notice the changing seasons
Model gratitude
Play

Keep Learning

Try something new together
Teach each other something
Risk looking silly
Play



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Cucina Menu

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WEEK 2

Week Commencing;
20/4/26 11/05/26 01/06/26 22/06/26 13/07/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Pork Sausage (Beef Casing) or Halal Chicken Sausage (Beef Casing) & Mashed Potatoes with Onion Gravy

TUESDAY

Cajun Chicken, Tomato & Sweetcorn Wholewheat Pasta Bake with House Salad

WEDNESDAY

Roast Breast of Turkey, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Sweet & Sour Chicken with Carrot Rice

FRIDAY

Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Vegan BBQ Boston Bean Sausage Casserole & Mash (VE)

TUESDAY

Lentil & Chickpea Dahl with Roasted Tikka Cauliflower & Steamed Rice (V)

WEDNESDAY

Cheese & Potato Pie with Roast Potatoes, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Crunchy French Onion & Leek Macaroni Cheese with House Salad (V)

FRIDAY

Vegan Moroccan Spiced Butternut Squash Pasty with Chips & Peas (VE)

DESSERTS

MONDAY

Chocolate Sponge with Chocolate Sauce

TUESDAY

Pear & Apple Orchard Crumble

WEDNESDAY

Cocoa Bread & Butter Pudding

THURSDAY

Jam & Coconut Sponge

FRIDAY

Apple Traybake

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Cucina



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available Tuesday to Thursday. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURALLY

MONDAY

Garlic and Chilli Noodles (VE)

TUESDAY

Singapore Fried Rice (VE)

WEDNESDAY

Lentil & Chickpea Dahl with Crispy Bombay Potatoes (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Vegan Singapore Noodles (VE)

TRATTORIA

MONDAY

Pasta in Cheese Sauce

TUESDAY

Tomato & Basil Pasta

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza



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Train to Teach



Webinar



Thursday 14th May 2026
5-6 pm

Find out about our training
programme, and how to
apply for September 2026

To book a free place email
RFA@glenthorne.sutton.sch.uk
or click the link in the bio