



GHS Update

Achievement for All

W/C 22.06.2026

June 2026

Issue No. 170



UCAS and Conservatoire information evening



On Thursday 11th June, Glenthorne Performing Arts departments hosted a UCAS and Conservatoire information evening for Glenthorne students and many other budding young performers from schools in the borough. Mr Grant and Miss Shephard led the evening, with support from alumni students who have studied acting, music or dance at some of the UK's most prestigious Drama School and Conservatoires, including Guildhall, Arts Ed, Rambert and the Central School of Speech and Drama. The evening was extremely well attended by students and parents.

Thank you again to all who attended.

 Looking Ahead

B Week
"Machines can think but only humans can dream."
Alan Turing

Friday 26th June
Inset Day

GHS School Sports Day
Friday 3rd July

Last day of term
Friday 17th July - Pupils will be dismissed from 12:30

A Level Results Day
Thursday 13th August

GCSE Results Day
Thursday 20th August



Chinese Painting Workshop



On Thursday lunchtime, the Art trainee teacher Miss Yang, ran a Chinese painting workshop. This was an opportunity to learn about Chinese art and how to use bamboo brushes. This was an extremely popular workshop, and the room was filled with excitement and creativity.



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Uniform Donations and Sale



We kindly ask for donations of any uniform items you no longer need, provided they are in good condition.

A container is available in front of reception where clean, second-hand items can be placed in a carrier bag.

We will be holding a second-hand uniform sale on **Friday 26 June**, from **11:00 to 12:30** in the main hall. Cash and card payments are accepted. Items will be available on a first-come, first-served basis.

Please note that school ties will not be available on the day. These can be purchased from Cladish, the school shop in Wallington.

Thank you for your continued support.

Notice to all parents & carers

Parents and carers dropping off children, or visiting the school, must not park on site.

All visitors are required to use the pedestrian gate. Access via the vehicle gate will not be permitted.

Thank you for your cooperation.



Polite reminder ...

Please could all parents be reminded to ensure that their child wears protective sunscreen and brings a refillable water bottle to school each day during the current hot weather.

Many thanks



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Attendance Fact of the week

Exposure to diverse ideas and perspectives enhances critical thinking



Mental Health & Emotional Wellbeing Tip

Practice forgiveness – Holding grudges affects mental health
→ Let go of one small resentment or misunderstanding

TIPS FOR PARENTS

A HAPPY AND HEALTHY SUMMER



Protect against the heat.



Find ways to stay active.



Prevent summertime injuries.



Be safe in and around water.



Schedule a check-up with your doctor for age-specific and routine vaccinations.

30 Family Wellbeing Activities to Celebrate Summer

1 Host a barbeque for family and friends.	2 Read a book outdoors.	3 Create some outdoor nature art.	4 Have a water fight outdoors!	5 Make a homemade Eton mess.	6 Go fruit picking.	7 Do yoga outdoors.
8 Plant carrots and lettuce.	9 Draw a summer picture for a loved one.	10 Go on a rainbow nature scavenger hunt.	11 Create a summer scrapbook.	12 Make junk model boats to sail on your paddling pool.	13 Head to an adventure playground.	14 Make a playlist of summer feel-good songs.
15 Row a boat.	16 Press fresh flowers.	17 Tidy an area of the house.	18 Have a sunflower growing competition.	19 Head to the library and find books about	20 Make ice lollies.	21 Go camping.
22 Play rounders in the park.	23 Write a postcard and send it to a friend or neighbour.	24 Go to the cinema on a rainy day.	25 Write a summer adventure story.	26 Visit a museum.	27 Tie-dye a t-shirt.	28 Discover a castle.
29 Make paper aeroplanes.	30 Play tennis.	Illustration of children playing and a man sitting on a beach.				

GHS Update

Cucina Menu

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WEEK 2

Week Commencing:
20/4/26 11/05/26 01/06/26 22/06/26 13/07/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Pork Sausage (Beef Casing) or Halal Chicken Sausage (Beef Casing) & Mashed Potatoes with Onion Gravy

TUESDAY

Cajun Chicken, Tomato & Sweetcorn Wholewheat Pasta Bake with House Salad

WEDNESDAY

Roast Breast of Turkey, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Sweet & Sour Chicken with Carrot Rice

FRIDAY

Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Vegan BBQ Boston Bean Sausage Casserole & Mash (VE)

TUESDAY

Lentil & Chickpea Dahl with Roasted Tikka Cauliflower & Steamed Rice (V)

WEDNESDAY

Cheese & Potato Pie with Roast Potatoes, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Crunchy French Onion & Leek Macaroni Cheese with House Salad (V)

FRIDAY

Vegan Moroccan Spiced Butternut Squash Pasty with Chips & Peas (VE)

DESSERTS

MONDAY

Chocolate Sponge with Chocolate Sauce

TUESDAY

Fruit & Apple Orchard Crumble

WEDNESDAY

Cocoa Bream & Butter Pudding

THURSDAY

Jam & Cinnamon Sponge

FRIDAY

Apple Flybake

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Cucina



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURALLY

MONDAY

Garlic and Chilli Noodles (VE)

TUESDAY

Singapore Fried Rice (VE)

WEDNESDAY

Lentil & Chickpea Dahl with Crispy Bombay Potatoes (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Vegan Singapore Noodles (VE)

TRATTORIA

MONDAY

Pasta in Cheese Sauce

TUESDAY

Tomato & Basil Pasta

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

Train to Teach



Webinar



Thursday 18th June 2026
5-6 pm

Find out about our training programme, and how to apply for September 2026

To book a free place email RFA@glenthorne.sutton.sch.uk or click the link in the bio



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Now Showing

GHS MUSIC PRESENTS...

Sounds Of Summer

A NIGHT AT THE MOVIES

BOOK TICKETS FROM:
TICKETSOURCE.COM

TUESDAY 30TH JUNE

DOORS OPEN AT 6PM







 **Glenthorne High School**
Achievement for all

Made by Adi Coton

Glenthorne High School Presents

INSPIRE 2026

Monday 29th June
Wednesday 1st July

Tickets available now on
Ticketsource



GLENTHORNE HIGH SCHOOL PRESENTS

DRAMA SHOWCASE

2ND JULY 2026
6PM-7.30PM

PERFORMANCES FROM ENRICHMENT, JUNIOR DRAMA COMPANY, SPOTLIGHT AND ACTOR BOYS!

TICKETS £6 / £4 CONCESSIONS







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One night, a giant monster made from a yew tree appears outside his window. It tells Conor that it will share three stories, and in return, Conor must tell the truth about his recurring nightmare. Throughout the year pupils from Senior Drama Company have taken on the huge task of working on a full-length production – It has been incredible to see such dedication and creativity.

[Tickets available now on Ticket Source](#)

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This summer, Hack Club is running one of the world's largest STEM challenges for teenagers, and AMD is teaming up with them to push it over the edge!



The Stardance Challenge powered by Hack Club, AMD, NASA, and Github invites pupils ages 13–18 to design, build and ship real technology projects. The pupils can participate online from anywhere in the world between June 1st and September 30th, 2026.

As pupils build projects and log hours, they earn coins they can redeem for tech prizes* like:

- Raspberry Pi systems
- AI-powered gaming peripherals
- AMD GPUs

More information is available here:

<https://www.amd.com/en/blogs/2026/amd-and-hack-club-launch-stardance.html>

It's open to any pupil aged between 13 and 18. Anyone interested can sign up here:

<https://stardance.hackclub.com/amd>