



GHS Update

Achievement for All

W/C 06.07.2026

July 2026

Issue No. 172

A week celebrating the arts

INSPIRE 2026

INSPIRE was a wonderful celebration of dance, held across two fantastic evenings on Monday and Wednesday. Pupils from Years 7–13 showcased their talent in a variety of styles, including Jazz, Contemporary and Street Dance, performing both student- and teacher-choreographed pieces. Their dedication, creativity and professionalism shone throughout, making the event a great success.

A particular highlight was the introduction of ten new awards inspired by renowned dance practitioners, with some recipients receiving personal messages from the practitioners and their dancers. The prestigious McRae Award was especially memorable, as representatives from The Royal Ballet joined us for the presentation. INSPIRE was a truly inspiring celebration of achievement, creativity and the power of dance to bring people together.



Sounds of Summer

On Tuesday 30 June, our Music Concert, Sounds of Summer: A Night at the Movies, showcased the exceptional musical talent of our students through a variety of performances inspired by film and television.

The evening began with an intimate outdoor performance in the courtyard, featuring soloists, duets, trios and choirs. The second half moved to the hall, where audiences enjoyed outstanding performances from our ensembles, including Orchestra, Jazz Band, Vocalise, Jazz Collective, House Band, The Portraits, Soliloquy, and Music Elite KS3 and KS4. It was particularly pleasing to see several student-led performances throughout the evening.

The concert concluded with the presentation of awards recognising students' dedication and commitment to the Music Department and its extracurricular programme. A memorable finale saw all performers come together for a rousing rendition of I'm a Believer from Shrek, bringing the evening to a fantastic close.

Congratulations to all students who took part. We are incredibly proud of your hard work and



🕒 Looking Ahead

CHALLENGE WEEK

Being challenged in life is inevitable, being defeated is optional." Roger Crawford

Last day of term

Friday 17th July - Pupils will be dismissed from 12:30

A Level Results Day

Thursday 13th August

GCSE Results Day

Thursday 20th August

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Drama Showcase

The Drama Showcase gave audiences the opportunity to enjoy a series of short performances from productions being explored by pupils this year. Rather than staging full shows, pupils performed selected scenes and extracts from *Charlie and the Chocolate Factory*, *James and the Giant Peach*, *The Tempest* and *How to Survive a Horror Movie*.

The evening demonstrated the range of work taking place within the Drama Department, from Shakespearean drama to modern comedy. Pupils brought plenty of energy to scenes from *Charlie and the Chocolate Factory* and *James and the Giant Peach*, capturing the humour and creativity of Roald Dahl's stories.

Pupils also took on the challenge of performing extracts from *The Tempest*, showing confidence in bringing Shakespeare's characters and language to life. The showcase concluded with scenes from *How to Survive a Horror Movie*, a light-hearted comedy that kept the audience entertained with its playful take on classic horror films.

Although each performance was only a snippet of the full production, the showcase provided an excellent insight into the hard work and talent of our pupils. All those involved performed brilliantly and should be proud of their efforts in delivering an enjoyable evening of theatre.



Borough Sports Success!



On Friday 19 June, 100 pupils from Years 7–10 proudly represented the school at the annual Borough Sports Athletics Competition. All pupils performed exceptionally well, and we are delighted to announce that Glenthorne won the Co-educational Schools Cup for the **eighth** consecutive year. This remarkable achievement was based on the combined points scored by every pupil who competed, helping us finish ahead of Overton, Cheam, Greenshaw, Harris Sutton and Oaks Park.

In addition, several year groups achieved high rankings in the overall boys' and girls' competitions across all 11 borough schools, making this an outstanding success for the entire team.

Girls Overall Placing – 4th

Year 7 Girls – 3rd place overall

Year 8 Girls – 7th place overall

Year 9 Girls – 2nd place overall

Year 10 Girls – 6th place overall

Boys Overall Placing: 4th

Year 7 Boys – 4th place overall

Year 8 Boys – 5th place overall

Year 9 Boys – 3rd place overall

Year 10 Boys – 4th place overall

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Year 13 Leavers' Assembly: Celebrating Achievement and New Beginnings

Our Year 13 Leavers' Assembly was a joyful celebration of the achievements and contributions of the Class of 2026. The event provided an opportunity to reflect on students' journeys through sixth form and recognise their academic success, leadership and involvement in school life. From supporting younger students to representing Glenthorne in sport, enrichment activities and community events, this year group has made a lasting impact on our school community.



Staff shared heartfelt messages and words of encouragement, while a special slideshow of memories brought laughter, smiles and nostalgia. Awards were presented to recognise outstanding academic achievement, leadership, contribution to school life and personal growth, celebrating the many talents within this exceptional year group.

As our students move on to university, apprenticeships, employment and other exciting opportunities, we are immensely proud of all they have achieved. We wish the Class of 2026 every success and happiness in the future. Good luck, Year 13 – we look forward to hearing about your future achievements!



Year 12 Induction Days: A Taste of Sixth Form Life



On 24 and 25 June, we were delighted to welcome prospective Year 12 students for two successful induction days. Designed to support the transition from Year 11, the programme gave students a valuable insight into Sixth Form life and post-16 study.

Students took part in taster lessons in their chosen subjects, exploring key concepts, learning activities and the expectations of independent study. They also attended sessions on the wider aspects of Sixth Form life, including developing independence, resilience and organisational skills, as well as learning about enrichment opportunities, leadership roles, careers guidance, work experience and university preparation.

The atmosphere throughout the two days was extremely positive, with students showing enthusiasm, curiosity and a willingness to embrace new challenges. The induction also provided an excellent opportunity to meet teachers, reconnect with friends and build new relationships ahead of September.

We would like to thank all staff involved in making the programme such a success and look forward to welcoming our new Year 12 cohort in September as they begin the next stage of their educational journey.

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Year 13 Prom

Our Year 13 Prom took place on Thursday evening at Kingswood Golf Club and provided a wonderful opportunity for students to celebrate together at the end of their time at Glenthorne.



Everyone looked fantastic, with students arriving dressed to impress and ready to enjoy a memorable evening with friends. The atmosphere was relaxed, fun and full of laughter as they spent one final evening together as a year group.

It was a fitting way to mark the end of their sixth form journey, and we hope they will look back on the evening with great fondness.

We wish all of our Year 13 students every success and happiness for the future and look forward to hearing about their achievements in the years ahead.



Year 6 Induction Day



On Wednesday 3 July, we were delighted to welcome our new Year 6 pupils for their induction day. Pupils spent time meeting staff, exploring the school, taking part in lessons and activities, and beginning to build friendships ahead of joining us in September. It was a positive and successful day, and we look forward to welcoming them back as members of the Glenthorne community.

Timings of the School Day

	Time
AM Enrichment	07:45-08:30
AM Registration	08:30-08:55
Period 1	08:55-09:55
Period 2	09:55-10:55
Break	10:55-11:15
Period 3	11:15-12:15
Period 4	12:15-13:15
Lunch	13:15-14:05
Period 5	14:05-15:05
PM Registration	15:05-15:15
PM Enrichment/Homework Clubs	15:15-16:15

8:30am - 3.15pm each day amounts to 33.75 hours in a typical week.



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Attendance Fact of the week

Regular attendance supports the development of emotional intelligence



Mental Health & Emotional Wellbeing Tip

Laugh often – Laughter reduces stress
→ Watch or share something funny once a week

Education
Wellbeing
Service

wellbeinginschoolevents@swlstg.nhs.uk



South West London and
St George's Mental Health
NHS Trust

Upcoming Events For Secondary Parents/Carers Autumn Term 2026

Supporting your teenager's mental health webinars

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

21ST SEPT 26
12.30 PM - 1.30 PM

Mental health during
the teenage years

30TH SEPT 26
7 PM - 8 PM

17TH NOV 26
12.30 PM - 1.30 PM

Understanding and
supporting teen
sleep

17TH NOV 26
7 PM - 8 PM

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)



Making Life
Better Together



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Cucina Menu

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WEEK 1

Week Commencing:
13/04/26 25/05/26 15/06/26 06/07/26 27/07/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Beef & Lentil Bolognese with Pasta & House Salad

TUESDAY

Bang Bang Chicken with Soy & Mixed Rice

WEDNESDAY

Glazed Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Chicken Tikka & Chickpea Masala, Braised Rice & Kachumber Salad

FRIDAY

Chip Shop 'Fryday' Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY

Plant Based Bolognese with Pasta & House Salad (V)

TUESDAY

Bang Bang Eat Curious with Soy & Mixed Rice (V)

WEDNESDAY

Vegetable 'Squashage' Roll with Crispy Roasties, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Cauliflower, Courgette & Chickpea Rosti with Braised Rice, Kachumber Salad & Minted Yoghurt Dressing (V)

FRIDAY

Vegan Chickpea & Coriander Burger with Fries (VE)

DESSERTS

MONDAY

Spiced Pineapple Cake

TUESDAY

Chocolate & Banana Brownie

WEDNESDAY

Sticky Ginger Cake

THURSDAY

Daily Apple Crumble

FRIDAY

Hot Chocolate Rocky Road & Custard

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Cucina



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY

Vegan Singapore Noodles (VE)

TUESDAY

The Big Plant Burger (VE)

WEDNESDAY

Roasted Butternut, Sweetcorn & Chipotle Pasta (VE)

THURSDAY

Maple & Chilli Cauliflower Wings with Cajun Wedges (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA



MONDAY

Pasta in Cheese Sauce

TUESDAY

Tomato & Basil Pasta

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza



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One night, a giant monster made from a yew tree appears outside his window. It tells Conor that it will share three stories, and in return, Conor must tell the truth about his recurring nightmare. Throughout the year pupils from Senior Drama Company have taken on the huge task of working on a full-length production – It has been incredible to see such dedication and creativity.

[Tickets available now on Ticket Source](#)

If your child is interested in learning a new instrument or participating in vocal lessons, please contact Mrs Took at jto.glenthorne.sutton.sch.uk who will arrange to email you the application form with all the information and cost.

Lessons will be starting week beginning Monday 21st September 2026 for the Autumn Term.

Glenthorne High School
Achievement for all

MUSIC LESSONS

AT GLENTHORNE WE OFFER A RANGE OF MUSIC AND VOCAL LESSONS WITH OUR PERIPATETIC TEACHERS STARTING IN SEPTEMBER 2026

ACOUSTIC GUITAR	BASS GUITAR			
CLARINET	DRUMS		ELECTRIC GUITAR	FLUTE
PIANO	SAXOPHONE	TROMBONE	TRUMPET	
VIOLA	VIOLIN	VOCAL		

FOR MORE INFORMATION AND TO APPLY
EMAIL: MRS TOOK - JTO@GLENTHORNE.SUTTON.SCH.UK



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Inspiring Future Teachers

Igniting Young Minds



We are an Ofsted 'outstanding' provider of teacher training in the South London area.

Our "trainees receive first-class support" and our "employment rates are exceptionally high".

We are now recruiting for trainees in primary and a broad range of secondary subjects. If you are looking for a rewarding career where your work makes a real difference, then we can support you every step of the way.

www.suttonscitt.org.uk
info@suttonscitt.org.uk
020 8410 0006

@suttonteach
suttonscitt
Sutton SCITT



Train to Teach



Webinar

Thursday 16th July 2026
5-6 pm

Find out about our training programme, and how to apply for September 2026



To book a free place email RFA@glenthorne.sutton.sch.uk or click the link in the bio

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This summer, Hack Club is running one of the world's largest STEM challenges for teenagers, and AMD is teaming up with them to push it over the edge!

The Stardance Challenge powered by Hack Club, AMD, NASA, and Github invites pupils ages 13–18 to design, build and ship real technology projects. The pupils can participate online from anywhere in the world between June 1st and September 30th, 2026.

As pupils build projects and log hours, they earn coins they can redeem for tech prizes* like:

- Raspberry Pi systems
- AI-powered gaming peripherals
- AMD GPUs

More information is available here:

<https://www.amd.com/en/blogs/2026/amd-and-hack-club-launch-stardance.html>

It's open to any pupil aged between 13 and 18. Anyone interested can sign up here:

<https://stardance.hackclub.com/amd>