GHS Update

November 2026

Achievement for All

Issue No. 184

WESTMINSTER EDUCATIONAL VISIT



Year 12 Politics and Year 13 History students enjoyed a fascinating and memorable visit to Westminster on Thursday 12th November, where they explored two of the most important institutions in British democracy: Parliament and the Supreme Court.

The day began with a guided tour of the Houses of Parliament, giving students the opportunity to visit significant historical locations, including the site where King Charles I was sentenced to death and Westminster Hall, where Queen Elizabeth II lay in state. Students were also fortunate enough to observe a live debate in the House of Commons, providing a valuable insight into the workings of Parliament and bringing their classroom studies to life.

Following the tour, Year 12 Politics students took part in an interactive workshop where they created their own political parties, developed manifestos and presented their ideas to the rest of the group. The lively discussions and debates certainly demonstrated their enthusiasm for politics!

A particular highlight of the day was a question-and-answer session with Lord David Blunkett. Students had the unique opportunity to hear about his experiences as an MP, Cabinet Minister and member of the House of Lords. Their thoughtful and inquisitive questions were met with equally engaging and informative responses.

Both year groups also visited the Supreme Court, where they toured the courtrooms and learned about the vital role the Court plays within the UK's legal system and wider society.

The visit was an enriching and engaging experience that students thoroughly enjoyed, providing valuable opportunities to deepen their understanding of politics, history and the British constitution.

Many thanks to Mrs Tobin for organising such a successful and inspiring trip.

Looking Ahead

A Week
"Break the silence, end the violence" White Ribbon Day

Year 9 Parents' Evening
Wednesday 25th November

Year 7-11 Flu Vaccinations
Tuesday 1st December

Drama Winter Shohwcase
Tuesday 8th December

Christmas Jumper Day
Thursday 10th December

Christmas Lunch
Thursday 10th December

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GLENTHORNE DEBATE TEAM TRIUMPHS IN ESU COMPETITION



On Thursday 12th November, Glenthorne's Library Debate Team achieved an outstanding success, winning the English-Speaking Union's prestigious Mace Debate Tournament held at Wimbledon College.

Competing against strong opposition from other schools, the team demonstrated exceptional critical thinking, public speaking and teamwork skills throughout the competition. Their impressive performances secured victory and earned them a place in the second round of the tournament.

The event was fiercely contested, making the team's achievement all the more remarkable. Their confidence, preparation and ability to present and defend arguments under pressure were a credit to both themselves and the school.

Congratulations to all of the pupils involved in this fantastic accomplishment. They should be extremely proud of their success, and we wish them the very best as they continue their journey in the next stage of the competition.

HOUSE SWIMMING GALA SUCCESS!

Monday's House Swimming Gala was a fantastic celebration of talent, teamwork and house spirit. Pupils from Years 7 and 8 took to the pool at Cheam Baths, giving their all in a series of exciting races and demonstrating great determination throughout the evening.

The atmosphere was electric, with enthusiastic support from students and staff creating a memorable occasion for all involved. Many races were incredibly close, with swimmers separated by only a matter of inches as they raced to the finish line.

After an evening of thrilling competition, **Rollason House** emerged as the overall champions. Their swimmers displayed outstanding skill, commitment and consistency across all events, earning a well-deserved victory.

Beyond the competition itself, the gala showcased the camaraderie, resilience and sportsmanship that are such important parts of our school community. Every participant should be proud of their efforts and contribution to a highly successful event.

A huge thank you goes to all the pupils, staff and supporters who helped make the gala such a success. We look forward to another exciting House Swimming Gala next year.

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DUNGEONS & DRAGONS CLUB SUPPORTS LEWISHAM LIBRARIES EVENT



On Saturday 14th November, members of the Library's Dungeons & Dragons Club travelled to Deptford Lounge to take part in the launch of Lewisham Libraries' award-winning Imagined Worlds Programme.

The pupils showcased their creativity, teamwork and storytelling skills by designing and running their own Dungeons & Dragons adventures for members of the public. Their imaginative scenarios and engaging leadership helped create a fun and lively atmosphere throughout the afternoon.

The event provided an excellent opportunity for students to share their passion for tabletop role-playing games, while developing valuable skills in communication, problem-solving and collaboration. They represented the school superbly and received positive feedback from participants and organisers alike.

Well done to all the pupils involved for helping to make the launch.

WARHAMMER CLUB TRIP TO CROYDON



On Friday 13th November, members of the Library's Warhammer Club enjoyed an exciting visit to Warhammer Croydon as part of the Warhammer Alliance programme.

The Warhammer Alliance initiative supports schools and libraries by providing free Warhammer resources, helping to introduce students to the hobby through gaming, reading and creative activities. Through the programme, pupils have also been able to help expand the library's collection of Warhammer books and products for the benefit of the wider school community.

During the visit, pupils had the opportunity to immerse themselves in the world of Warhammer, learn more about the hobby and explore the range of games, models and stories that make it so popular. The trip was a fantastic experience for everyone involved, and students thoroughly enjoyed the opportunity to take part.

A huge thank you to all those who supported and organised the visit, which was both enjoyable and inspiring for our young hobbyists

GHS Update

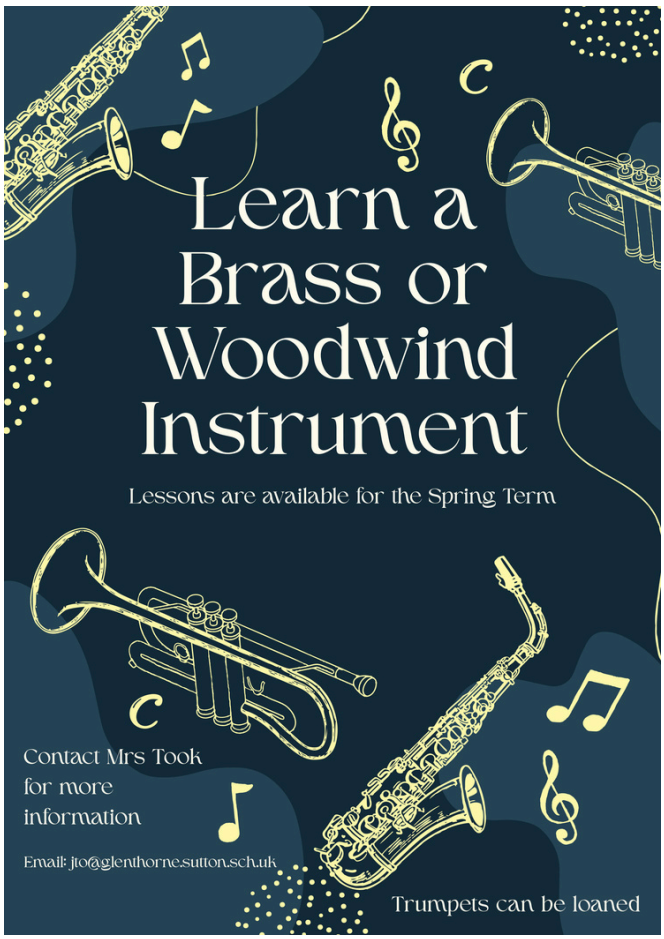
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Mon 23rd – Fri 27th November in the Library!
Buy books, support your House Team and the Library!
See Mr. Maxwell for more details!



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Attendance Fact of the week

Spending just five minutes talking about the school day can strengthen relationships and help identify worries before they become bigger concerns

Mental health & Emotional Wellbeing Tip

Pupils who attend regularly often develop stronger relationships with teachers and peers, helping them feel supported and included

NHS
Manage vaccinations in schools

From December 2026 onwards, the South London Children and Young People's Community Immunisation Service (our local NHS school age immunisation team) will contact parents and guardians directly, through an NHS England system, to ask for consent when their child is due for a vaccination.

You'll receive an email or text message directly from the NHS with a link to an online consent form.

You can use the online form to:

- **give consent for your child to be vaccinated**
- **say you do not want your child to be vaccinated**
- **update your contact details if needed**

Filling in the form will be quick and easy. It's important to respond, even if you do not want your child to be vaccinated.

If you do not complete your child's consent form, you may be contacted by phone, text, or letter, to offer your child the vaccine. If you return a 'no' consent, the immunisation team will not make any further contact this year.

Keeping your information safe
Your personal data will be stored securely in line with NHS data security standards. Only authorised members of the immunisation team and the digital service team can access your contact details.

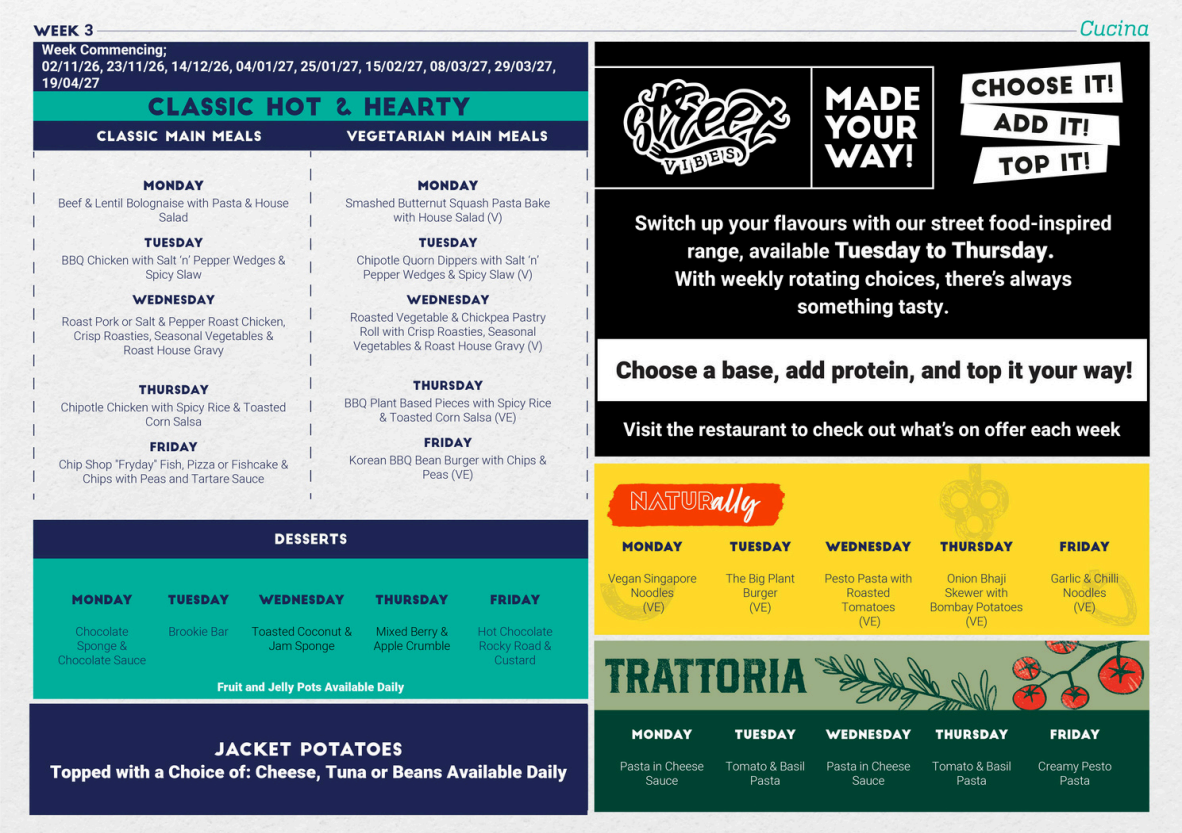
If you have any questions
If you have questions about vaccinations or the consent form, please contact the immunisation team at krft.southlondonimms@nhs.net. If you have any questions about this change, please email krft.southlondonimms@nhs.net.

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Cucina menu

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WEEK 3 — Cucina

Week Commencing;
02/11/26, 23/11/26, 14/12/26, 04/01/27, 25/01/27, 15/02/27, 08/03/27, 29/03/27, 19/04/27

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Beef & Lentil Bolognaise with Pasta & House Salad	**MONDAY** Smashed Butternut Squash Pasta Bake with House Salad (V)
TUESDAY BBQ Chicken with Salt 'n' Pepper Wedges & Spicy Slaw	**TUESDAY** Chipotle Quorn Dippers with Salt 'n' Pepper Wedges & Spicy Slaw (V)
WEDNESDAY Roast Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & Roast House Gravy	**WEDNESDAY** Roasted Vegetable & Chickpea Pastry Roll with Crisp Roasties, Seasonal Vegetables & Roast House Gravy (V)
THURSDAY Chipotle Chicken with Spicy Rice & Toasted Corn Salsa	**THURSDAY** BBQ Plant Based Pieces with Spicy Rice & Toasted Corn Salsa (VE)
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce	**FRIDAY** Korean BBQ Bean Burger with Chips & Peas (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge & Chocolate Sauce	Brookie Bar	Toasted Coconut & Jam Sponge	Mixed Berry & Apple Crumble	Hot Chocolate Rocky Road & Custard

Fruit and Jelly Pots Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

STREET VIBES — MADE YOUR WAY!

CHOOSE IT! ADD IT! TOP IT!

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday.** With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan Singapore Noodles (VE)	The Big Plant Burger (VE)	Pesto Pasta with Roasted Tomatoes (VE)	Onion Bhaji Skewer with Bombay Potatoes (VE)	Garlic & Chilli Noodles (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in Cheese Sauce	Tomato & Basil Pasta	Pasta in Cheese Sauce	Tomato & Basil Pasta	Creamy Pesto Pasta



CHRISTMAS

the most DELICIOUS TIME OF THE YEAR

Roast Turkey with Pigs in Blankets & Stuffing

or

Halal Roast Turkey with Stuffing

or

Sage Roasted Squash, Cranberry & Feta Open Tart

Both served with Roast Potatoes, Brussel Sprouts, Peas, Carrots & Gravy

and

Festive Chocolate Chip Cookie

or

Homemade Christmas Pudding with Vanilla Sauce



Payable via

PARENTPAY

ONLY £3.00

Thursday 10th December

Please ensure that your child has enough funds in their ParentPay account on the day